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THE AMERICAN LEGION

The Magazine for a Strong America

Vol. 119, No. 6

December 1985

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THE AMERICAN LEGION MAGAZINE, a leader among national general-interest publications, is published monthly by The American Legion for its 2.6 million members. These military-service veterans, working through 16,000 community-level posts, dedicate themselves to God and country and traditional American values; a strong national security; adequate and compassionate care for veterans, their widows and orphans; community service; and the wholesome development of our nation's youth.

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One for Truman

Despite the anti-atomic protestors, critics of our military and the liberal left, I maintain that President Harry S Truman was a "passed-over" political person by the Nobel Peace Awards Committee. Here was a man who, as a member of the 129th Field Artillery, participated in the costly battles of St. Mihiel and the Argonne during World War I. He supervised the termination of the costly war in Europe when he supervised the surrender of all German Armies on May 8, 1945. Shortly thereafter, he launched the present United Nations Organization in San Francisco as a means of hastening peace in the Far East.

If President Truman, in the interest of peace, had not ordered dropping the unproved atom bomb August 6 on the city of Hiroshima and three days later on Nagasaki, the cost in American lives would have been in the millions.

While we veterans who served in the China/Burma/India theater are grateful for his decision, we hope that the rest of the country realizes that the actions of all presidents from Truman to Reagan have given the world 40 years of atomic peace.

*John F. Carroll, Col., AUS (Ret.)
North Tarrytown, N. Y.*

Honor Korean Vets

The Korean War was one of this nation's bloodiest struggles. The Department of the Army lists 54,246 dead, 103,284 wounded, and 8,177 missing. But numbers cannot convey the sacrifices and suffering of the men who fought a mountain war in a climate that ranged from monsoons to cold so terrible that coffee froze in canteen cups and mortar barrels cracked. The wounded had to be carried such long distances that they bled to death. Yet the veter-

ans of Korea returned home to face apathy.

Thirty-five years have passed and we still do not have a monument to this war. Two bills have been introduced in the House: H.R. 2205 and H.R. 2588, and one in the Senate: S. 1223, which call for a Korean War Monument to be constructed. Our support is needed to pass appropriate legislation that will correct injustice shown to veterans of Korea and to commemorate the patriotic sacrifices of the Korean War veteran.

*Robert W. Black
President, Ranger Infantry Companies
Airborne of the Korean War*

We Did Not Fail

The atrocities of the Vietnam War were regrettable and although the media made it appear that they were commonplace, they were not. Not on our side anyway. There are some people of all races who do wrong. The American soldier, in all his conflicts, has been by far the most humane, which is something that cannot always be said of our enemies, past and present. No one ever said that war was a civilized act, but sometimes it is a necessary act for humanity's sake.

Communist North Vietnam invaded the Republic of South Vietnam for the purpose of conquest. The United States and its allies went in to help South Vietnam to maintain its freedom. This was the purpose of our presence.

Did we fail in Vietnam? The way we had to leave Vietnam was regrettable . . . but we did not fail. Anytime you help to stem the tide of communism for days, months, or years, you do not fail.

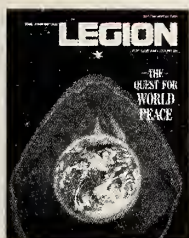
*Ben H. Nation
Fairfield, Ill.*

Korea, Our Ally

Your September issue was, in my opinion, the best in quite awhile. This includes the generally excellent commentary piece by Kevin Klose. I must protest, however, his implication that South Korea is a source of luckless political refugees as are most of the other places he mentions. Why must a trusted and trustworthy ally of the United States be disparaged in this way?

*Joel B. Nyquist Jr.
Deer River, Minn.*

In Pursuit of Excellence



A journey of a thousand miles must begin with a single step.

Following that sage advice from a sixth century Chinese philosopher, last January we began restructuring the magazine to better serve our readers

by publishing more articles about Legion programs and achievements of Legionnaires, posts and departments.

In this end-of-year "report to our stockholders," a brief recap of these changes include Defense Issues, Travelogue, Your Health, Veterans Adviser, Legionnaires in Action and the Editors' Corner. Legionnaires in Action was such an immediate success that we expanded it to from two columns to five. Veterans Adviser has become so popular that beginning next month the one-column feature will be expanded to a full page.

Two additional steps involved conducting a readership survey and assignment of a nationwide beat system.

Through a survey, 1,000 readers were asked to grade each section in the magazine and tell us if they wanted to see either more or less of that kind of material. Survey forms also were distributed to the National Executive Committeemen, department commanders and department adjutants during

the fall meetings at National Headquarters. After these surveys are returned and tabulated, we'll report the results on this page.

Under our nationwide beat system, we've divided the country into western, central and eastern regions with editors from our staff assigned to each region. Editors regularly call department adjutants in each region to gather information suitable for Post of the Month, Legionnaire of the Month, Legionnaires in Action and other departments, providing our readers with the widest possible range of interesting and informative articles.

Our magazine is the national showcase for the organization and the major communication vehicle of all Legionnaires. It's a good product, one we hope stimulates Legionnaires to greater participation in activities at all levels, and serves as a platform for the exchange of ideas among readers.

By achieving these goals, we fulfill one of our earliest mandates that the magazine "shall be built into an institution of public service—not alone for The American Legion, but for all Americans—which shall be one of the enduring monuments of this organization."

The pursuit of excellence is a noble and worthy cause that requires a long, arduous journey. We hope you'll agree that we've taken the first step.

The Editors

THE AMERICAN
LEGION
MAGAZINE

Editorial Offices

700 North Pennsylvania St.
P.O. Box 1055
Indianapolis, IN 46206
317-635-8411

Dale L. Renaud
National Commander

Daniel S. Wheeler
Publisher/Editor-in-Chief

Michael D. LaBonne
Editor

Raymond H. Mahon
Managing Editor

Margaret Bradbury
Associate Editor

Joe Stuteville
Associate Editor

Simon Smith
Art Director

William L. Poff
Production Manager

Advertising Inquiries

Bernice Holbrook
The American Legion Magazine
Advertising Department
P.O. Box 7068
Indianapolis, IN 46207

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A Season Filled With Unity, Sharing And Togetherness

THE emphasis of our activities this month most appropriately should be turned to the cause of world peace and unity among all peoples.

The quest has been long and arduous, but with every day that passes without global conflict, we come a step closer to that time when there truly will be "peace on Earth and good will toward men."

It's been amply proven that adequate security of our own borders while looking to the security of our allies and neighbors is a key element in maintaining a world moderately at peace with itself.

As a part of The American Legion's dedication to unity and peace, this month I'll travel to Guatemala, El Salvador and Costa Rica in a continuing evaluation of how effectively the United States is implementing the Jackson Plan of promoting democracy, development and security in the region.

I intend to meet the U.S. ambassadors to these nations, receive embassy briefings and speak with each country's president. I will be the third successive American Legion National Commander to visit the region and report on the situation there.

This visit will be one of the most important of any I will make this year. The American Legion has a long history of concern about the stability of the Caribbean Basin and Central America, one which prompted the creation of our Western Hemisphere Task Force, with its fact-finding visits and reports.

Past National Commander Keith Kreul was the first American Legion National Commander to visit El Salvador and bring home a firsthand assessment of how that nation was progressing in its quest for democracy. He also was the only representative of a veterans' organization to testify before the National Bipartisan Commission on Central America, chaired by former



Nat'l. Cmdr. Dale L. Renaud

Secretary of State Henry Kissinger.

When the commission's report was released, it closely paralleled our recommendations for long-term economic and security aid for democracies in Central America. The administration's Caribbean Basin Initiative, now termed the Jackson Plan, has been a decisive factor in helping curb the spread of Marxism and preventing the establishment of a permanent Soviet base in the region.

That's why this week-long evaluation of the effectiveness of American foreign policy and the administration of the Jackson Plan is imperative to planning future American Legion positions about our national security.

I will speak not only with our government's representatives and the leadership of the host countries, but also I will visit extensively with your fellow Legionnaires and bring back their views. Without the opinions of our members who live in those countries, any assessment of Central America would be incomplete.

America's efforts to encourage emerging democracies and to help social evolution with economic and security stability have gone a long way to bolster Central America against communist insurgency and subversion. It will be a continuing process, but well worth it when it comes to unifying the peoples of the Americas and to achieving prosperity in peace.

This is the season which rekindles warm feelings of brotherhood. We should also use it as a reminder that the noble end of all our efforts is service to God and Country; concern about the well-being of our neighbors to the south certainly is among those efforts.

At the same time we also must concentrate on achieving our unity goals at home. This holiday season offers the inspiration for Legionnaires, Auxiliary and all of our neighbors to unite in the common cause of community betterment.

It could be by helping families in need, by holding a holiday party for youngsters who otherwise would not enjoy such festivities, or by visiting our fellow veterans in VA medical centers. The possibilities are endless; the opportunity for bringing our communities closer together is never greater.

I can't emphasize enough the importance of American Legion posts and Auxiliary units establishing and maintaining a positive identity with their communities. It is absolutely vital to the successful accomplishment of each of our programs.

This month brings to a close another year in which The American Legion has excelled in service to community and nation. We can be extremely proud of that. We also can improve on success.

As you gather with family and friends, let unity, togetherness and sharing guide your actions on behalf of your fellow veterans, your communities and your nation. Enjoy the holiday season and all the fellowship it brings and take that spirit with you into the coming year. □

Space Products Hit Market

The first space-manufactured product has been placed on the market by the National Aeronautics and Space Administration (NASA) and the National Bureau of Standard (NBS), the agencies responsible for its development. The space-made merchandise, consisting of billions of tiny polystyrene spheres measuring $\frac{1}{2500}$ th of an inch, was produced aboard several Space Shuttle flights by a chemical process developed for NASA by Lehigh University.

The spheres are being purchased by producers of finely ground powder products such as paint pigments, inks, toners, chemicals, flour and cosmetics as well as by technologists who monitor pollutants from industrial and chemical plants. Medically, the spheres can be used by researchers who calibrate instruments to count and measure the shape of blood cells and to perform a wide variety of diagnostic measurements.

Each unit contains approximately 30 million spheres and sells for \$384. Proceeds will be shared equally by NASA and NBS.

According to NASA, the spheres were made in space because the low-gravity environment of space enhanced uniform growth in size and shape. James M. Beggs, NASA administrator, said that "this material is the first of what we expect will be a long line of products to carry a made-in-space label."

'Hot Line' Improved

President Reagan recently approved a measure to improve the U.S.-USSR direct communication link for crisis control. A facsimile capability will be added to the teletype originally set up for the "hot line."

The new communication apparatus will permit swifter exchange of messages between the heads of the two superpowers in moments of crisis and the transmission of full-page and graphic messages, such as pictures and maps.

The United States will send the ultra-modern equipment to Russia, but will demand reimbursement for the cost. The transfer of the sophisticated communications system is considered to fall within the regulations controlling high-tech trade with Moscow.

Military Skills Shortage

The Armed Forces have been developing sophisticated weaponry and are pressing for trained specialists in both the regular and Reserve forces, according to Sen. Strom Thurmond. Thurmond is author of a bill to provide high school graduates with technical training in skills needed by the military services.

The senator maintains that, among others, there are serious shortages of electronic technicians, builders, boiler technicians, aviation machinist mates, tank systems mechanics, aerial survey sensor repairmen and jet-propulsion specialists.

To meet today's need, the Armed Forces must recruit one

out of every six males aged 17 to 21, but because of the 1970s birthrate drop, the United States will have to recruit one out of every three males by 1990. Thurmond said he feels his bill will provide incentives for young people to choose military service.

The legislation provides the equivalent of a two-year college scholarship. Under the program, a trainee would complete basic training and then attend classes at a technical center or community college for courses in the area for which the individual enlisted. Upon completion, trainees would complete a regular tour of active duty or a longer term in the Reserves.

Thurmond's proposal has been endorsed by The American Legion, the National Guard Association, Reserve Officers Association, Veterans of Foreign Wars, the Association of the U.S. Army and the Air Force Association.

Soviet Goals in War

Should war break out between the United States and the Soviet Union, the Soviets would move quickly and powerfully to achieve the following aims:

- Defeat the NATO forces at any level of conflict; occupy NATO countries and use Europe's economic assets to support USSR recovery.
- Neutralize the United States and China by disorganizing and destroying their military forces.
- Dominate the postwar world in which communist "socialism" would replace Western "capitalism" as the basic politico-economic system in all nations.

That's the conclusion of the Pentagon in its latest study and analysis of Soviet military power.

To achieve these objectives, Moscow would place under unified control all the military, political and industrial resources not only of the USSR, but also of all its satellite allies in the Warsaw Pact.

Soviet doctrine envisions a future world war of wide scope waged over vast territories, characterized by an absence of continuous fronts, rapid changes in the strategic situation and deep penetration into rear areas, according to the Department of Defense. The Russian military also believes that a world war might begin with conventional weapons, but that it would escalate into a nuclear conflict.

Quote of the Month

"Our job is not to despair or take refuge in cynicism, but to labor constructively to make the U.N. better serve its original goals. In a world of sovereign nations, competing interests and clashing philosophies, those mechanisms of international cooperation that exist are inevitably imperfect, but all the more necessary."

George P. Shultz
Secretary of State



**One step away from Heaven...
I walk the high iron where
my hard hat brushes the clouds.**

**Sure, I play it safe,
but one bad step
could be my
last step.**

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ANNUAL PREMIUM TO SEND WITH YOUR APPLICATION. The premiums shown above are for the balance of 1986 for approved applications effective Jan. 1, 1986. Premiums for applications effective Feb. 1 or later are proportionately less, by \$2 PER UNIT PER MONTH, and any overpayments will be refunded. Premiums accompanying non-approved applications will be refunded in full.

EFFECTIVE DATE Your insurance becomes effective on the first day of the month coinciding with or next following the date your application is received, subject to Insurance Company's approval. Insurance may be maintained in force by payment of premiums when due. Members remain insured while the Master Group Policy continues in force provided contributions are made when due and membership in The American Legion is maintained.

NOTICE OF DISCLOSURE OF INFORMATION

Information regarding your insurability will be treated as confidential except that The United States Life Insurance Co. in the City of New York may make a brief report to the Medical Information Bureau (M.I.B.), a non-profit membership organization of life insurance companies which operates an information exchange on behalf of its members. Upon request by another member insurance company to which you have applied for life or health insurance, or to which a claim is submitted, the M.I.B. will supply such company with the information it may have in its files.

United States Life may also release information in its file to its reinsurers and to other life insurance companies to which you may apply for life or health insurance, or to which a claim is submitted.

Upon receipt of a request from you, the M.I.B. will arrange disclosure of any information it may have in your file. Medical information will only be disclosed to your attending physician. If you question the accuracy of information in the Bureau's file you may seek correction in accordance with the procedures set forth in the Federal Fair Credit Reporting Act. The address of the Bureau's information office is P.O. Box 105, Essex Station, Boston, Mass. 02112; Phone (617) 426-3660.

BENEFITS—Yearly Renewable Reducing Term Insurance (Policy Form G-17601)

Benefits determined by age at death and include 20% SPECIAL INCREASE for deaths occurring during 1986. Maximum coverage limited to 12 units.

Age at Death	12 Units \$288 per yr.	11 Units \$264 per yr.	10 Units \$240 per yr.	8 Units \$192 per yr.	6 Units \$144 per yr.	5 Units \$120 per yr.	4 Units \$96 per yr.	3 Units \$72 per yr.	2 Units \$48 per yr.	1 Unit \$24 per yr.
Through age 29	\$144,000	\$132,000	\$120,000	\$96,000	\$72,000	\$60,000	\$48,000	\$36,000	\$24,000	\$12,000
30-34	115,200	105,600	96,000	76,800	57,600	48,000	38,400	28,800	19,200	9,600
35-44	64,800	59,400	54,000	43,200	32,400	27,000	21,600	16,200	10,800	5,400
45-54	31,680	29,040	26,400	21,120	15,840	13,200	10,560	7,920	5,280	2,640
55-59	17,280	15,840	14,400	11,520	8,640	7,200	5,760	4,320	2,880	1,440
60-64	11,520	10,560	9,600	7,680	5,760	4,800	3,840	2,880	1,920	960
65-69	7,200	6,600	6,000	4,800	3,600	3,000	2,400	1,800	1,200	600
70-74*	4,752	4,356	3,960	3,168	2,376	1,980	1,584	1,188	792	396
75*-Over	3,600	3,300	3,000	2,400	1,800	1,500	1,200	900	600	300
Annual Premium	\$288	\$264	\$240	\$192	\$144	\$120	\$96	\$72	\$48	\$24

*No persons age 70 or over (including those desiring additional coverage) will be accepted for new insurance. 9 and 7 units also available. Please write for details.

INCONTESTABILITY Your coverage shall be incontestable after it has been in force during your lifetime for two years from its effective date.

**MAIL TO: The American Legion Life Insurance Plan
P.O. Box 5609 • Chicago, IL 60680**

Plan insured by
The United States Life Insurance Company in the City of New York

Application Subject to Underwriter's Approval

ENROLLMENT CARD FOR YEARLY RENEWABLE TERM LIFE INSURANCE FOR MEMBERS OF THE AMERICAN LEGION

Full Name _____ Birth Date _____
Last First Middle Mo. Day Year

Permanent Residence _____
Street City State Zip

Name of Beneficiary _____ Relationship _____
Example: Print "Helen Louise Jones." Not "Mrs. H. L. Jones"

Membership Card No. _____ Year _____ Post No. _____ State _____

I apply for the number of units indicated: ☐

The following representations shall form a basis for the Insurance Company's approval or rejection of this enrollment: Answer all questions.

1. Present occupation? _____ Are you now actively working?
Yes ☐ No ☐ If no, give reason _____
2. Have you been confined in a hospital within the last year? No ☐ Yes ☐ If yes, give date, length of stay and cause _____
3. During the last five years, have you had heart disease, circulatory disease, kidney disease, liver disease, lung disease, diabetes, or cancer, or have you had or received treatment or medication for high blood pressure or alcoholism? No ☐ Yes ☐ If yes, give details _____

I represent that to the best of my knowledge and belief, all statements and answers recorded on this enrollment card are true and complete. I agree that this enrollment card shall be a part of any insurance granted upon it under the policy. I authorize any physician or other person who has attended or examined me, or who may attend or examine me, to disclose or to testify to any knowledge thus acquired.

Dated _____, 19____ Signature of Applicant _____

The American Legion offers this insurance through The United States Life Insurance Company in the City of New York, Home Office: New York, New York (N.Y.&P.R.) 1K85

G-17825 12-79

ACKNOWLEDGEMENT AND AUTHORIZATION

I have received and read the Notice of Disclosure of Information at left. Further, I authorize any physician, medical practitioner, hospital, clinic, or other medical or medically related facility, insurance company, the Medical Information Bureau or other organization, institution or person having any records or knowledge of me or of my health to give The United States Life Insurance Company in the City of New York any such information.

A photographic copy of this authorization shall be as valid as the original.

Dated _____, 19____ Signature of Applicant _____

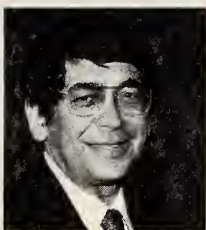
☐ I apply for additional Legion Life Insurance. My present certificate number is _____

Should We End Our Trade Embargo With Cuba?

Rep. Ted Weiss, D-N.Y.

The United States is sacrificing thousands of American jobs every year to a Cuban policy that has consistently failed and that has no prospects for future success. Meanwhile, our allies are reaping the economic benefits of our short-sightedness.

YES



Canada, Mexico, Britain, France, West Germany, the Vatican and scores of other countries have full diplomatic trade relations with our island neighbor. They maintain such relations because it is in their interests to do so.

Last year, Europe, Japan, Canada and Mexico sold over \$1 billion worth of goods to Cuba while importing less than one-third that amount—an exceptionally favorable balance of trade. If the United States, which geographically is Cuba's natural trading partner, had made sales of this magnitude, the exports would have meant more than 25,000 jobs for American workers.

Cuba buys butter, grain, chemicals and machinery from Europe; steel and heavy equipment from Japan. Canadian wheat farmers last year earned more than \$200 million from sales to Cuba. Meanwhile, American farms are being foreclosed and workers are losing jobs to foreign competition.

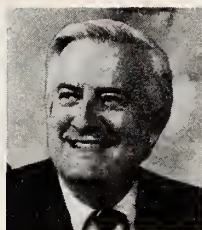
Who is really being hurt by the embargo? Cuba, which is free to buy what it wants from Europe, Canada, Japan and Mexico? Or American farmers and workers, who badly need international sales to offset an all-time record trade deficit?

Who is more isolated by the embargo? Cuba, which trades with our allies and our adversaries alike? Or the United States, which looks north, south, east and west at U.S. allies making sales that should go to American companies.

The embargo has not destabilized the government of Cuba. It has not changed Cuban foreign policy. But it has cost the United States. In Latin America, it is seen as another clumsy expression of an unpopular "big stick" foreign policy. Our European allies, who have quadrupled their Cuban trade since 1960, laugh at the embargo all the way to the bank.

Differing economic and political systems have not prevented the U. S. from recognizing and trading with the Soviet Union, China or the countries of Eastern Europe. The current administration even terminated the grain embargo imposed by the previous administration against the Soviet Union after its invasion of Afghanistan. The same principle should apply to this hemisphere. ☐

Rep. Henry J. Hyde, R-Ill.



NO

We severed trade with Cuba more than 20 years ago because Cuba was exporting terrorism and revolution to Latin America. That policy has not changed, as evidenced by Cuba's active support for guerrilla groups in El Salvador, Colombia, Honduras and elsewhere in the region and by its heavy military presence in Africa. In addition, Cuba today is as closely aligned politically and militarily with the Soviet Union as ever.

U.S. presidents from both political parties have understood why it is clearly in our national interest to deny Cuba access to our commercial and financial markets by maintaining a comprehensive embargo. Moreover, there has been consistent bipartisan support in the United States for this policy. To argue that U.S. policy toward Cuba has not led to the downfall of its leader, Fidel Castro, or to a change in the motivations of his regime is to overlook the central consideration.

While the embargo cannot alter inveterate hostility, it can and does make it more difficult for Cuba to carry out its objectives. And while it does not change Castro's mind, it does impair the prospects for implementing his plans.

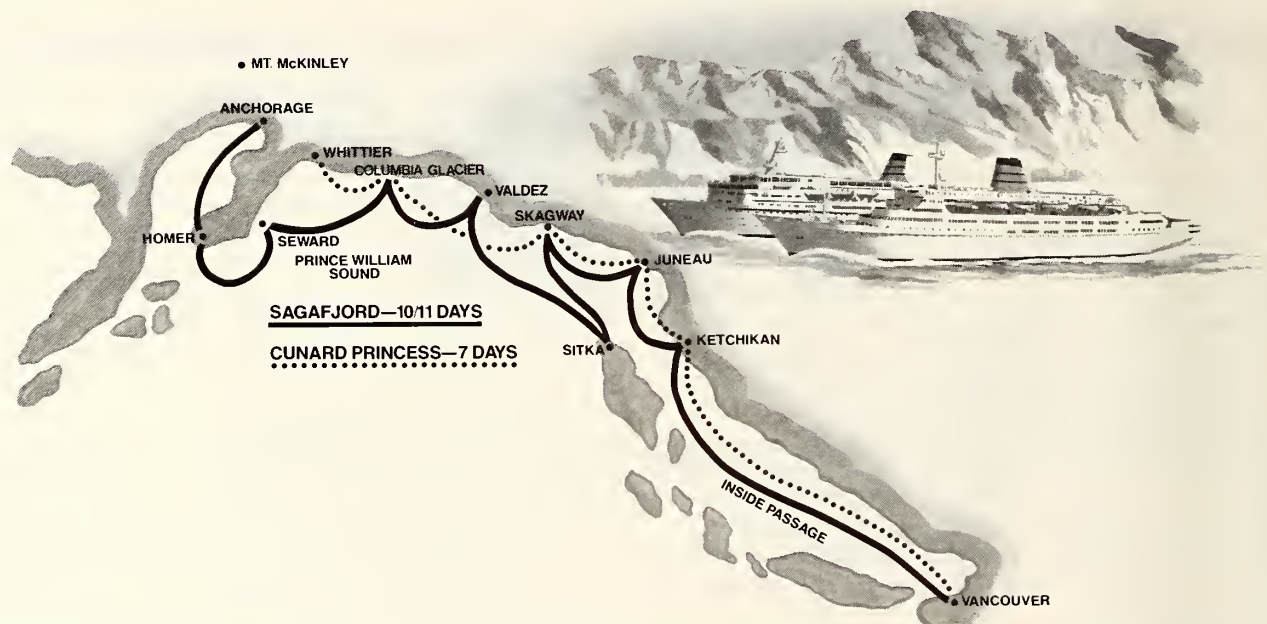
The embargo also places a heavy burden on the Soviet Union, which wants Cuba to be a revolutionary showcase, as it must subsidize the Cuban economy by the soft currency equivalent of more than \$4 billion a year. Another important consideration is that Cuba has no money to buy our goods. We would have to finance the exports ourselves. We hardly need Cuba's sugar, and there are plenty of other Caribbean islands available to American tourists.

Lifting the embargo also would send a signal to other countries that there are no costs for conducting an ultra-leftist anti-American foreign policy, promoting revolutionary violence on one hand while enjoying the benefits of trade on the other.

Castro asserts that Cuba has no need to trade with us and he has said that his revolutionary principles and close ties to the USSR are not for "sale." However, we know that he would very much like to have that trade despite the bravado. Cuba should cease its policy of terrorism against its neighbors and servile support for the Soviet Union if it really is interested in better relations with us, and then the United States and Cuba can talk trade. ☐

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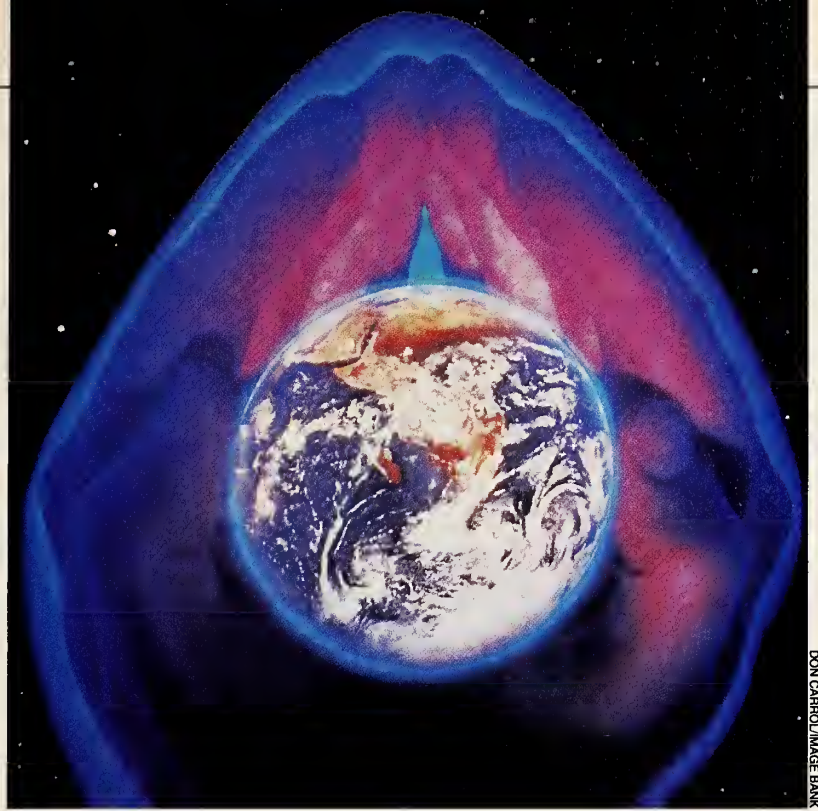
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DON CARROLL/IMAGE BANK

THE QUEST FOR WORLD PEACE



EACH year at this time, THE AMERICAN LEGION MAGAZINE reports on the world's quest for peace. While the events of the past year offer little assurance that a lasting and just peace is near, we take some solace in the knowledge that neither is the Earth in a state of global war.

Yet conflict continues, even as the super powers negotiate. The angry unrest in the Middle East and Central America shows no signs of subsiding. The unreported and often forgotten war in Afghanistan wages on. The terrorists, proxies and allies of the Soviet Union continue to menace free and developing nations everywhere. Still, most of the world enjoys a fragile peace and prays for understanding among the community of nations.

Contributing to that understanding is the United Nations, which for 40 years has served as a forum for airing grievances, settling disputes and arbitrating conflicts among nations. Imperfect though it is, the U.N., according to U.S. Ambassador Vernon Walters, could be a foremost instrument of peace. He discusses its problems and potential in the following interview.

Even as we pursue peaceful means to avoid armed conflict, we still must recognize the sad irony of our age: Peace can be maintained only through preparedness for war. Adm. James D. Watkins, Chief of Naval Operations, and the service Chiefs of Chaplains are among those who face the personal dilemma of all moral men and women who must bear arms in the pursuit of peace. In this report they address the apparent dichotomy of the moral man in the military.

"For everything there is a season, and a time for every purpose under heaven . . . A time for war, and a time for peace." In this season of celebrating goodwill among men, let us pray for a lasting peace.

—THE— UNITED NATIONS A FORCE FOR PEACE?



The United Nations is accused of being Soviet-controlled and ineffectual in resolving global conflicts. Ambassador to the U.N. Vernon Walters discusses these and other issues that challenge this world body.



Vernon A. Walters, a retired Army general, author and linguist, was U.S. Ambassador-at-large until his appointment May 22, 1985, as Ambassador to the United Nations.

American Legion Magazine: Gen. Walters, the United Nations was conceived as a great force for peace in an unstable world—and it certainly isn't that today: What can be done to restore that vision and purpose?

Gen. Walters: The U.N. has to be brought back to what it was intended to be: an institution for the resolution of conflict and not a sounding board for one-sided propaganda.

Q. How do we do that?

A. I think we have to start by showing Third World countries that the United States was anti-colonial and advocated their independence long before anybody else did and long before it was fashionable, and that what they ought to be doing in the U.N. is voting for their own national interests and principles and *not* in the name of some imagined geographical solidarity. Today, you have nations of extremely conservative bent voting with nations of an extremely leftist bent all in the name of the non-aligned. I don't mind non-alignment as long as it isn't permanently non-aligned against the United States. In most cases it is. Outside of Europe, Japan, Australia, New Zealand and Canada, there is not a single nation that votes with us more than half the time.

Q. How do you make them realize that?

A. By persuasion. I am spending a lot of time with them to show them that they ought to vote for their own national interests rather than for some imaginary charter of the non-aligned or the group of 122 or any of these other mythical blocs that have come into being.

Q. The U.N. gets a lot of criticism for being ineffective, but isn't it the Soviet Union itself that is destroying the U.N.

by using it as a propaganda platform and an espionage center?

A. Yes, we are deeply disturbed at Soviet espionage within the U.N. The Soviet Union uses it to attract and cajole a great number of Third World nations into voting for denunciations of the United States—and that has been principally because, in the past, when you voted against the United States on some ridiculous issue, there has been no cost. When you vote against the Soviet Union, however, there is cost to the small nations who do it.

Q. What about the espionage problem specifically. Is that as serious as some people seem to think?

A. There are several hundred Soviets there and we know that half of all Soviets abroad are members of the KGB or the GRU.

Q. What does the United States intend to do about this?

A. We have certain constraints on us. The agreement by which the U.N. came to New York required us to give free access to the U.N. to the nationals of all countries. There are several pieces of legislation in Congress aimed at controlling their activities, or at least ascertaining where these people are going and what they are doing, and I think it is highly likely that some of them will become law. Certainly, within the treaty obligations of the United States, we intend to do everything we can to make sure that nothing is conducted from the U.N. that is threatening to our national security.

Q. Has there been any thought about issuing a White Paper to set the record straight?

A. When you start telling what you know, you start warning potential spies. If you say, "There are 117 spies," they'll look at their book and say, "My God, they really know.

THE LEGION'S POSITION ON THE U.N.

The United States' participation in the U.N. is continually being examined by The American Legion. Resolution 37, adopted in August 1985 at the 67th National Convention in New Orleans reads in part:

"Resolved, That we urge the administration to continue seeking effective, equitable, efficient U.N. operations consistent with the U.N. Charter's stated purposes; and, be it further

"Resolved, That we urge the administration to continue to take necessary action to eliminate espionage operations against the United States at the United Nations; and, be it further

"Resolved, That the Foreign Relations Commission continue to study and evaluate U.S. participation in the United Nations and report periodically."



THE WORLD IN SESSION—"The United Nations has to be brought back to what it was originally intended to be: an institution for the resolution of conflict and not a sounding board for one-sided propaganda."

We've got to change them." And they have the facilities for pulling out 117 people and putting in another 117 people. One of the great problems with intelligence, and I'm speaking now as a former deputy director of the Central Intelligence Agency, is that everytime you boast of a success in espionage or in intelligence, you preclude the possibility of repeating it. That is why President Kennedy said of the CIA—"You are condemned to have your failures trumpeted to the world and your successes passed over in silence." So, it is better to have what I call "constructive ambiguity": Let them worry about how much I know.

Q. Can anything be done about communist and Third World countries using the U.N. as a forum for denouncing the United States?

A. We've got to establish a greater correlation in the future between their votes and their statements in the U.N. and our bilateral relationship with them. Up to now they've been able to do anything they wanted in the U.N. without suffering any impact upon our relationship with them. I'm not talking about overall numbers of votes, but when you have nations that vote against us gratuitously when their own national interests are not considered, that has to affect our relationship with them.

Q. Should we reduce our contributions to the U.N. as a way of bringing some pressure for more balanced action?

A. That is all done by international agreement; I don't know how much authority we have to change that unilaterally. The treaty setting up the U.N. established certain proportions or certain procedures for arriving at contributions.

Continued on page 44

THE MORAL MAN IN THE MODERN MILITARY

THE NAVY'S TOP ADMIRAL TELLS HOW GIs CAN SERVE GOD AND STILL MARCH OFF TO WAR.

By Adm. James D. Watkins



THROUGHOUT human history, churches of all denominations have taught that war and participation in war can be justified under certain cir-

cumstances. In the presence of such circumstances—and defense against external aggression is certainly high on the list—a nation may legitimately engage in what philosophers and theologians refer to as a “just war.”

I do not think it necessary to elaborate further on the “just war” philosophy itself, but I do think it might be useful at a time when the moral aspects of war, preparedness and deterrence are prominent on the national agenda to share with my fellow citizens some of what a Christian military leader considers as he approaches God and obliga-



Adm. James D. Watkins, a 36-year Navy veteran of the Korean and Vietnam wars, was appointed Chief of Naval Operations June 30, 1982.



MORAL DILEMMA—Religious men who fight their country's wars may find solace in the widespread belief that there are “just” wars in which men must kill to preserve peace.

tions to his country—and as a moral man—tries to apply in his everyday life the doctrine of what is just and proper.

Let me begin with a fundamental statement which I hope and sincerely believe applies to me as Chief of Naval Operations and to all of my colleagues and associates in uniform and out, entrusted with the day-to-day management of our nation's naval and military forces: I am a moral man. I am constantly making choices every day of my life—choices between good and evil. Sometimes I must, in the constant battery of choices facing me, choose between one “good” and another “good,” or between a “greater good” and a “lesser good,” or even, perhaps, between two apparent evils.

It is at that point that I, as Chief of Naval Operations, but most of all as a moral man, put myself humbly before God. Then, having done so, I simply do the best I can with the choices at hand.

Let's look more closely at today's world environment which encompasses those choices of good and evil.

It is in that environment that I live, work and deal with the reality of a threat which would deprive either us or others of peace and freedom. That goes with the territory. Pope John XXIII wrote of that same world environment: “We must remember that of its very nature, civil authority exists . . . to protect, above all else, the common good of that particular civil society, which certainly cannot be divorced from the common good of the entire human family.”

It would be unrealistic for me to believe all people believe as I do, value the same things I do, or share my faith. I happen to be a Roman Catholic Christian but am under no illusion my beliefs, values and faith are universally shared. There are other ways of looking at the world, other realities, other competing ways of life. I would like to believe that

all of us—individually as human beings and collectively as nations—want to coexist in peaceful cooperation, but my wanting to believe this does not and will not make it so. To act in accordance with my personal desires would be, in this case, extremely unrealistic and I sincerely believe, immoral. If I am to be a guardian of the common good, a position which imposes on me some very serious moral obligations, I must deal with reality as I know it.

What does the moral person do when confronted with a threat to the common good, especially when he or she is in a position of trust and has the responsibility to preserve that common good? The answer is that those choices must be made in the best interest of all. In accordance with that belief, our nation has chosen deterrence over war. We have chosen military strength over military weakness. We have made that latter choice not for the sake of military strength per se—which may be either good or evil, depending on the uses to which it is put—but for the sake of

‘WE CANNOT BEAT OUR SWORDS INTO PLOWSHARES WHEN OTHERS ARE DOING PRECISELY THE OPPOSITE.’

detering war, a goal which I hope and believe all moral people would agree is a positive good.

The church I grew up in and whose tenets I believe in does not require pacifism. Like other moral persons of many other faiths, religions and personal credos—but all sharing and subscribing to

the same moral philosophy, the same code of ethics, the same ideas of what is “good” and what is “evil”—I hope, pray, and work for a peaceful world.

But—it is worth repeating—that world is not the world we live in today. It is for that reason that we cannot as moral human beings ask the lamb to lie down with the lion. And we cannot beat our swords into plowshares when others are doing precisely the opposite.

I wish the making of these decisions were easier and the answers were more clear. But it isn’t, and they aren’t. For that reason, I have gathered around me the best minds available. We get, or try to get, the best research, the best intelligence, the best possible planning.

We also get some prayer.

It may surprise some people to learn that there is a senior officer prayer group in the Pentagon. It did not surprise me when I first learned of it, however, because I have for many years worked with the people who belong to it. These people also have to wrestle with the

Continued on page 43

WHAT IS RELIGION’S ROLE IN OUR QUEST FOR PEACE?

Maj. Gen.
Patrick J. Hessian
Chief of Chaplains
Dept. of the Army



Rear Adm.
John R.
McNamara
Chief of Chaplains
Dept. of the Navy



Maj. Gen.
John A. Collins
Chief of Chaplains
Dept. of the Air
Force



“RELIGION—that is, the personal commitment to and serving God—is central to our quest for peace.

“If one believes in the right of self-defense, as I do, there is an obligation to defend one’s self, one’s loved ones, and by extension, one’s nation from unjust aggression. The right of self-defense involves a corresponding obligation not to be, or become an unjust aggressor one’s self.

“The bearing and using of arms as the last resort of self-defense, as opposed to the use of arms for unjust purposes, is a difficult and serious responsibility citizens must understand and appreciate if self-defense is to be a morally acceptable posture for any nation.

“It is my personal belief that any nation has a right to defend itself against unjust aggression. I believe the citizens of the nation owe it to themselves, their families, their neighbors and fellow citizens to shoulder their fair share of responsibility for that defense.”

“IN 1813 when the USS Chesapeake and the British ship HMS Shannon were engaged in battle, Samuel Livermore, a Kentucky gentleman who had signed on as a chaplain, reached quickly for a weapon to defend values he held dear.

“Courageous, though it was, the good chaplain’s actions were not considered then nor now to be consonant with religion. It does, however, raise in microcosm the problem and possibilities of the role that religion plays in the establishment of peace.

“Peace is not that moment when the guns have fallen silent and the pall of smoke and smell of cordite have drifted clear of the battlefield. Peace is a journey, fueled by faith and hope, to bestow upon our children a world free from fear and want.

“There are certain times when the defense of our beliefs is justified and the maintenance of the ability to resort to force is necessary. Religion questions the quickness by which we gather up the sword.”

“NO CLOUD broods more darkly or with more ominous portent over the collective face of humanity than does the potential crisis of global conflict. All lesser issues pale, and all smaller conflicts between groups and nations retreat into the background when laid beside the central issue of our time: the survival of the human species.

“Religion informs the cause of peace by reminding us of the infinite value of human life. No accident are we—no chance collision of matter and energy. In such challenging times, when fear grows strong, faith charts our course.

“No agency has a bigger stake in the pursuit of peace than the military. In the face of armed conflict, we are asked to be among the first willing to sacrifice life and endure hardship. The Air Force chaplaincy affords the privilege of association with a high-caliber community dedicated to the task of both peace-keeping and peace-making.”

NOT long ago, a husband and wife collected the fund-raising appeals they received during a 90-day period. They counted over 40 letters, and the minimum requests from the charities amounted to a total of \$940. The maximum request would have stripped the donor's bank account of more than \$11,000! The appeals ranged from supporting the jobless and sending underprivileged kids to camp, to combating disease and helping the handicapped. What all of the letters lacked was documentation. There was not one shred of financial evidence that the gifts would be used legitimately or well.

During Christmas in a large Midwestern city, a reporter was assigned to write a series of articles on the Yuletide giving spirit. Near his office the journalist noticed the ever-present Santa Claus with his offering pot. When the writer attempted to interview the sidewalk solicitor, the man in the red suit became evasive and suddenly remembered he should be off duty. He disappeared hastily around the corner with his bell and bucket. Santa was in business for himself!

These are just two examples of how con artists are trying to cash in on the lucrative charity market. After all, Americans contribute more money to worthy causes than all the rest of the world combined. During 1985, we will give away more than \$40 billion to support religion, health, the arts and to help those less fortunate than ourselves. Several times each month most of us will answer the telephone, open the door or empty the mailbox to receive an appeal for funds. In fact, if you have been identified as a "good prospect," you may be on dozens of mailing lists.

At last count, there were more than 150,000 tax-exempt organizations operating in the United States. Yet, the majority of patrons who make donations—whether large or small—do not have the faintest notion that the gift is being used properly. Are they really taking orphans to the circus? Are the starving truly being fed in Ethiopia? How much of the contribution is being used for fund raising?

Being bilked by a false charity can rob you of the joy of giving. Fortunately, you can take measures to identify the con artists and concentrate your gifts where they count. You are not likely to

J. Mitchell Medford, an Arlington, Texas, free-lance writer, is a regular contributor to this and other national general-interest magazines.

AVOIDING CHARITY CON ARTISTS

Christmas—the season when the spirit of giving is at its highest peak—brings out the best in most and the worst in some. Be wary of those who would gladly be merry at your expense.

By J. Mitchell Medford

fall prey to a bogus appeal if you follow four basic rules.

- *Learn to recognize signs that may indicate the charity is not legitimate.* For instance, never respond to an appeal that does not include a phone number on the letterhead. Discard any request that uses *only* a box number for a return address.

- Be especially cautious about telephone appeals. Under no circumstances allow a solicitor to pressure you into a commitment until you find out more about the organization. The first questions to ask a telephone fund-raiser are, "Who is the director of your charity and how can I contact that person?" If the caller is hesitant to provide the right answers, hang up. Slipshod programs do not deserve your support.

- *Before extending help to a charity, require proof of its legal status.* To be a legal, tax-exempt charity in the United States, an organization must conform to the description set forth in paragraph 501(c) (3) of the Internal Revenue Code, for which the charity receives a "determination letter." When you ask to see a copy of the determination letter, it pegs you automatically as a savvy donor.

Those who seek donations must also adhere to local ordinances governing

charitable solicitations. Many municipalities require solicitors to display a special permit. To learn the law, call your city clerk for the telephone number of the solicitation committee in your city. It will be pleased to tell you the rules and regulations under which a fund-raiser must operate.

- *Always require financial accountability from the charities you choose to support.* Request a copy of the organization's annual report or financial statement. As a rule of thumb, you should be critical of a charity that is spending more than 25 percent of its income for fund raising and administrative expenses. The United Way, for example, typically spends less than 10 cents of each dollar raised for non-program expenditures. Incidentally, it is standard practice for charities to use professional "development officers," but it is not considered ethical for a fund-raiser to work on a commission basis. The campaign director should be receiving a predetermined salary or fee.

If endowment assets are not included in the report, ask specifically about reserve funds. A well-known orphanage has been criticized for holding millions in endowments to support only 300 children. If an annual report is not



available, ask to see a copy of the latest Form 990, which the charity must send annually to the IRS. A worthwhile program that really wants your gift will share its files with you.

• *Don't give in to emotional impulse and make a commitment that you may regret later.* While it's true that real giving comes from the heart, you should allow time for your head to help in the decision to contribute. Always wait 24 hours before responding to an appeal. Oh, sure, the man on the telephone says tomorrow is too late; the kids will miss going to camp if you don't send your \$25 today. The plain fact is your gift will be just as welcome tomorrow—or next week—as it is today.

‘While it’s true that real giving comes from the heart, you should allow time for your head to help in the decision to contribute.’

To avoid receiving mail from an organization you do not intend to support, simply clip the label bearing your name from the envelope and mail it back. Include a note asking to be removed from the mailing list. A legitimate charity will be very willing to accommodate you. After all, it costs 25 cents or more in materials and postage to send you an appeal letter. If you aren't going to contribute, they would rather use the money on other prospective donors.

The philanthropic urge is a wholesome feeling. Yet, the joy of giving is made even sweeter when you know your thoughtful contribution is going to a program that genuinely needs and deserves your help. □

FOREIGN POLICY OF THE SOVIET UNION

Firmly entrenched in Soviet foreign policy is the duty to lie, cheat, steal, kill and commit any other criminal act that will help denigrate the United States.

By Richard F. Staar

ON 26 February 1986, the Communist Party of the Soviet Union (CPSU) will open its 27th Congress and rubberstamp policies agreed upon in advance by the 13-man Political Bureau. The bureau's decisions are based upon a belief system that the Soviets claim applies worldwide.

In a new Russian language book, *The Historic Mission of Soviet Society*, deputy chief ideologist V. V. Zagladin listed the three most important Soviet policy objectives as building socialism and communism in the USSR itself, assisting fraternal governments where similar developments are under way, and supporting "social progress" in all other countries throughout the world. The second and third objectives apply to foreign relations; the last clearly indicates a messianic thrust.

The head of the International Department in the CPSU Central Committee, B.N. Ponomarev, Zagladin's reporting senior, has written in the theoretical journal, *Kommunist*, that during the 1970s this worldwide process

Richard F. Staar, author and leading expert on Soviet foreign policy, was U.S. Ambassador to the Mutual and Balanced Force Reduction negotiations in Vienna, Austria, 1981-83.



PRISON WALL—Graffiti on the Berlin Wall liken East Germany to a concentration camp—a stark reminder of Soviet policy to restrict freedom by force.

resulted in "the unification of Vietnam, consolidation of people's power in Laos, liquidation of the Pol Pot regime in Kampuchea, and liberation of Ethiopia, Angola and Mozambique." Many of these regimes have stabilized their rule by now, thanks largely to military and economic assistance from Moscow.

Other CPSU sources have identified approximately 20 countries with a "socialist" orientation. In addition, at least seven so-called national liberation movements in Africa, the Middle East and Central America are pursuing guerrilla warfare against incumbent governments. Moscow helps all such revolutionary groups with weapons and training, augmented by aid from its client states in Eastern Europe or Cuba and Nicaragua in the Western Hemisphere.

Other instruments used by Kremlin decision makers include foreign propaganda, which costs more than \$3.5 billion per year. Four CPSU Central Committee departments orchestrate dissemination of pro-Soviet views as well as disinformation, especially about the United States. International communist front organizations and their local affiliates are widely known as tools of

the USSR, and as vehicles through which Western elites may be influenced.

Radio broadcasts reach a much wider audience. Apart from transmissions by Moscow Radio (2,000 hours per week in 82 languages), and the supposedly independent Radio Peace and Progress, clandestine stations broadcast to mainland China, Iran and Turkey. They pretend to be located inside those countries. About 2,500 transmitters manned by twice that number of employees resumed jamming the Voice of America and other Western stations in 1980.

THE USSR also uses front groups and the mass media to spread disinformation and forged documents that attempt to weaken American influence throughout the world. Racist letters with specific threats, allegedly from the Ku Klux Klan, were sent by the Soviet embassy in Washington, D.C., to more than 20 African and Asian countries, unsuccessfully warning them not to compete in the 1984 Summer Olympics at Los Angeles. Accusations that the U.S. Central Intelligence Agency had instigated the murder of India Prime Minister Indira Gandhi were broad-

cast extensively over Moscow Radio.

Assassination of political opponents has long been a characteristic of Soviet policy. Apart from mass executions of foreign communists in the Moscow purges during the mid-1930s, other Soviet crimes have included subcontracting murders to Bulgarian and Turkish assassins. According to Secretary of State George P. Shultz, speaking in New York City, "Soviet and Soviet-bloc support for terrorist groups is also more clearly understood" today.

The USSR armed forces comprise yet another instrument of foreign policy. They are stationed in more than 25 allegedly sovereign countries, totaling almost 800,000 men. The Soviet navy has forward bases in Angola, Cuba, Ethiopia, Vietnam and South Yemen, with a global reach that spans all oceans of the world. Despite arms control agreements, which have been violated repeatedly by Moscow to maintain a historically unprecedented military buildup, strategic weapons and warheads are being produced at capacity rates. For calendar year 1985, the USSR will spend about \$300 billion on defense or 10 percent more than the United States.

Eight out of 10 space launches (almost 1,700 in the Cosmos series alone), are military in nature. Experimental work on Soviet laser weapons and hunter-killer satellites, which can disable reconnaissance space vehicles, and on charged-particle beams directed against ICBMs, have been conducted over the past 15 years. The USSR also maintains the only two existing operational ground-based anti-satellite systems and the sole anti-ballistic missile defense in the world. Despite the foregoing, Kremlin leaders demand that the United States discontinue its research on the Strategic Defense Initiative.

Foreign trade and assistance are intended to enhance economic power and influence rather than maximize Soviet profits. It has been used as a weapon to penalize other governments, even communist ones such as Yugoslavia in 1949, China in 1965 and Romania in 1980 and 1984. There would be even less inhibition to apply such sanctions against "imperialist" countries. Special friends Cuba, Vietnam, Mongolia and Afghanistan receive 90 percent of the Soviets'

economic aid or about \$6 billion each year. The next two in line are Laos and Kampuchea, also communist-ruled states.

IN its relations with Western Europe, the USSR embraces the long-term objective to decouple the United States; that is, to bring about the destruction of NATO. Many of Moscow's short-term goals were attained at the 1975 Helsinki conference of 35 heads of government from East and West. Among Soviet aims announced after a 1967 meeting with satellite leaders at Karlovy Vary, Czechoslovakia, were the following:

- Recognition of de facto borders.
- Acceptance of two German states.
- A renunciation of force treaty, signed by all European governments.
- Diplomatic recognition of East Germany and of West Berlin as separate, independent political entities.
- Lifting a ban on the Communist Party in West Germany.

The Final Act signed at Helsinki gave the East all of the above, except for the third demand, despite the August 1968 Soviet military occupation of Czechoslovakia. At least six of the Helsinki principles were violated by the USSR in December 1979, when its troops invaded Afghanistan: sovereign equality, non-use of force, inviolability of frontiers, territorial integrity, non-intervention in internal affairs and self-determination.

The impact of that aggression did not seem to affect relations with other less-developed countries, which Moscow calls its natural allies. Since 1971, the Soviet Union has signed 13 treaties of friendship and cooperation with such governments, and only two have been abrogated.

Following the dictum of Lenin that the road to Paris passes via Delhi, the USSR gave India more than \$4 billion in economic assistance through 1980. The following year, a \$2.5 billion arms deal was concluded, supplemented in 1984 when the Soviet defense minister visited India. In the Western Hemisphere, it is Cuba that provides naval and air bases for the USSR as well as thousands of mercenaries in Africa. Nicaragua has designated huge areas as supply depots for Soviet and East European weapons which are to be used in a future pro-

'THE USSR ALSO USES FRONT GROUPS AND THE MEDIA TO SPREAD DIS- INFORMATION.'



MILITARY AID—The Nicaraguan militia are equipped with AK-47 rifles and other weapons supplied by the Soviets.



ARMED INTERVENTION—Soviet tanks take up positions outside the walls of Kabul, Afghanistan, a hotbed of resistance.



UNKEPT TREATIES—The Soviets have repeatedly violated terms of the 1972 SALT I agreement signed by Brezhnev and Nixon.

tracted struggle throughout Central America and the Caribbean.

Only with mainland China does the USSR have uncertain relations, based on ideological and policy differences. Beijing demands Moscow reduce its troop strength along their common border, withdraw from Afghanistan and cease supporting Vietnam's occupation of Cambodia (Kampuchea). Despite recent trade agreements and calls by the new CPSU General Secretary Gor-

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ARE AIRCRAFT CARRIERS OBSOLETE?

The awesome Soviet missile and submarine force has shaken U.S. confidence in the survivability of its carriers. But do the facts justify mothballing them?



By Eric Yann Beaudan

IN WORLD WAR II, the aircraft carrier ushered in the death of the battleship and established itself as the supreme weapon on the high seas for the next 40 years. Today, however, one of the most critical defense debates centers on whether the aircraft carrier is still the paragon of modern fighting vessels and whether it should remain the backbone of U.S. naval power.

Only six aircraft carriers were operational before World War II. Fortunately, none was at anchor at Pearl Harbor during the Japanese attack that crippled most of the U.S. Pacific battleship force. From then on the conflict in the Pacific was carried out mainly from

American flattops such as the Enterprise, the only carrier to have survived the war from beginning to end.

Forty years later, aircraft carriers still figure predominantly in the 600-ship naval program put forth by the current administration. Fifteen carrier battle groups are planned to be operational by the 1990s, each comprising one aircraft carrier, two missile cruisers, destroyers and, occasionally, one or two submarines to scan the seas surrounding the task force.

While conventional and nuclear carriers operate in today's Navy, the latest Nimitz-class nuclear carriers can navigate 13 years without refueling. They carry 90 percent more aviation fuel than conventional carriers as well as 50 percent more ammunition. With on-board accommodations for about 6,100 persons, and a flight deck area of 4.5 acres, the Nimitz carries 100 of the newest jets and helicopters to fulfill her task.

Staggering costs and events such as Britain's Falkland Islands campaign, which seemed to underscore the vulnerability of large ships, have some people questioning our continued pur-

suit of a large aircraft carrier force.

When the first nuclear aircraft carrier Enterprise was built in 1958 at an approximate cost of \$451 million, critics rose to their feet claiming nothing was worth that much. However, Nimitz cost \$1.8 billion in 1976 and her sisterships, Eisenhower and Carl Vinson, each cost \$2.1 billion. This led President Carter to veto the bill for a fourth carrier, Theodore Roosevelt, which was finally authorized in fiscal year 1980 along with two others in 1983. When you add the cost of airplanes and escorting vessels, the total reaches \$47 billion per carrier group.

Why pay so much, critics argue, for a ship that can be sunk with a few cheap missiles? This question has been raised repeatedly since 1967 when an Egyptian vessel sunk the Israeli destroyer Eilat with three Soviet-made missiles. The point was made even sharper during the Falklands conflict in which Argentinian pilots managed to sink two ships and damage another one using French-made Exocets.

Accordingly, U.S. carriers were built with one thing in mind: survivability.

Eric Yann Beaudan, a free-lance writer living in New York City, is studying international affairs at Columbia University.

Nimitz carriers have a flight deck and hangar deck made of high-yield steel, while below decks are protected by armor 2.5 inches thick. Two thousand water-tight, shock-resistant compartments isolate the rest of the ship in which 30 fire-fighting units can go into action simultaneously.

Secretary of the Navy John F. Lehman addressed the issue last year during a PBS series devoted to the U.S. Naval buildup: "We're satisfied with the survivability of our carriers," he said. "That's not to say in a general war they're not going to get hit. Everything's going to get hit. But we're confident they'll come out on top and will establish the superiority that's required."

Experience tends to show that this survivability approach has practical merit. For example, while on deployment in the Gulf of Tonkin in 1969, the Enterprise was hit in the middle of the flight deck by nine 500-pound bombs. Within hours, the damage was repaired and air activities resumed. The incident added fuel to Lehman's point that "big is better, because big is tougher and more survivable."

To prevent missile damage to carriers, the Navy has developed its own planes to intercept enemy bombers and ships before they get within firing range of U.S. task forces.

The F-14 Tomcat is an all-weather interceptor that flies at a top speed of Mach 3.34 (about 1,700 mph at sea level), and covers 2,000 nautical miles in one mission. A Tomcat can track up to 24 targets simultaneously and engage six of them with Phoenix missiles up to 100 nautical miles. As noted by Vice Adm. Robert F. Schoultz in a report to the House Armed Services Committee in April 1983, "Evaluation of the emerging threat identifies the F-14/Phoenix as the premier fleet air defense aircraft and weapons system through the 1990s."

THE Navy's reliance on the F-14/Phoenix system, according to some critics, is overstated because so few radar-guided kills—such as the Phoenix—have occurred in real combat. The Phoenix, however, has close to a 98 percent success rate during Navy exercises, and is fitted with powerful electronic counter-measure instruments to help defeat enemy jammers. Schoultz further described the F-14/

Staggering costs and the vulnerability of large ships have some people questioning our pursuit of an aircraft carrier force.

Phoenix as "the only system in the Free World capable of successfully engaging the Soviet Backfire bomber at ranges which preclude its effective launch of missiles against our battle groups."

In addition, the Navy recently introduced a new class of Aegis cruisers capable of tracking and engaging an unlimited number of targets to protect carrier battle groups. Borrowed from the Greek work meaning "shield," Aegis consists of four antennae, each covering 90 degrees. Aegis can track moving targets constantly, whereas conventional rotating radars have to spin around 12 to 14 seconds before illuminating a target. The Aegis radar is directly linked to a weapon control system that selects the appropriate weapon to be used and directs the fire.

Although Aegis is still undergoing extensive testing aboard the cruiser Ticonderoga, the deputy project manager, Capt. D. P. Roane, recently evaluated Aegis' capabilities as "providing the surface fleet with more effective defenses against attacks by the most dangerous of our possible adversaries."

If Aegis were to fail, the carrier would rely on its four Vulcan Phalanx guns to intercept incoming missiles. Each gun is fitted with multiple carriages with a 3,000-round-per-minute firing rate. Once a missile is spotted, two radars direct the gun's fire to bombard the target with hundreds of bullets.

To face submarine threats, the carrier not only relies on the fleet's anti-submarine warfare systems, but also on its own ASW planes and helicopters, the S-3 Viking and SH-3 Sea King. The Viking has a six-hour flight endurance and carries a complement of bombs, grenades, mines or torpedoes to neutralize enemy submarines.

This offensive and defensive capability prompted former Chief of Naval Operations James Holloway to comment that, "The big-deck carrier is the only weapons system we have that can keep Soviet bombers and missiles from absolutely wiping out our surface fleet."

AMONG the missions assigned to carriers in time of war would be those of power projection and sea control for which they regularly train during eight-month cruises. The missions would include depriving the Soviet fleet of access to warm-water ports, attacking enemy subs in the Pacific and Atlantic, securing the sea lanes between the United States and Europe and supporting the Rapid Deployment Force.

Secretary of Defense Caspar Weinberger wrote in his fiscal year 1984-88 Defense Programs Evaluation that "the linchpin of our naval force projection capability continues to be the multipurpose carrier battle group." Aircraft carriers, therefore, should remain the flag ship of U.S. naval power well into the coming century. □

MASTER OF THE SEA—Should an enemy strike penetrate the massive defensive screen of nearly 100 aircraft and several missile-firing destroyer and cruiser escorts, the carrier, with its decks of high yield steel, 2½-inch-thick armor and highly efficient damage control system, still could withstand many direct hits.



U.S. NAVY PHOTOGRAPHS

How To Quit Your Job AND FIND YOURSELF

By George Mair

PEOPLE are changing careers all over America.

For example, a \$50,000-a-year San Francisco lawyer quit his job and became a history teacher in a private school at \$17,500.

Judith Cole, an Atlanta career consultant, says lawyers are becoming accountants; dentists are going into real estate; doctors are becoming sculptors; and electrical engineers are becoming veterinarians.

It's a "sweeping irreversible cultural revolution that is transforming the rules that once guided American life," said Daniel Yankelovich of the social research firm of Yankelovich, Skelly and White.

Gene Hawes, the author of "The Encyclopedia of Second Careers," said that each year, one-fourth of the U.S. work force is planning to make, or it actually does make, a career switch.

The U.S. Bureau of Labor Statistics predicted that Americans now will have three careers in their lifetime instead of just one. This will have enormous impact on corporate planning, on training programs, pension plans, social insurance and the cost of what each one of us buys in the marketplace. It is a startling employment trend that will touch all of our lives.

For example, if people have to be trained during their lifetimes for three separate careers, it affects at least two areas that drive up the cost of goods and services. It triples the training cost that must be passed on to the ultimate consumer and it reduces the lifetime productivity of those persons because more years are spent in education.

It also will affect corporate planning because the nature of the workplace will have to change to make it more attrac-

Many Americans are swapping successful careers for a chance to find new meaning in their lives. Here's why life can be more fun the second or third career around.

tive for people to stay, and that cannot be done just with money. It will require more democratic, caring and sensitive management. It also will radically alter pension planning if there is massive job switching.

This new American cultural revolution is pervasive and not limited to only one socio-economic group. Yankelovich said his four-year study has shown 80 percent of all Americans are caught up in a personal search for new meanings in their lives.

PROFESSOR Eugene Jennings of the Michigan State University School of Business Administration, calls this progressive career switching, "abandoning the Gold Watch theory." People aren't going to stay in unsatisfactory jobs for 30 or 40 years just to collect their pension.

Too often the nature of our work has become alienated from the nature of ourselves. Ronald E. Barnes of the Menninger Clinic in Kansas said most people are unhappy with the jobs they have and the overwhelming majority feel that their jobs are not related to their real goals and satisfactions in life.

Careers too often follow one of three unhappy patterns:

- Pattern A is the career that was never right in the first place. A job was originally taken as a temporary expedient and became permanent because of factors other than job satisfaction.
- Pattern B is where the career started

out as exciting and later degenerated into a dull, uninteresting job.

- Pattern C is where the career has remained the same, but the worker has changed in his world and life view.

University of Michigan Graduate School of Business studies by Seymour Sarason, Ester Sarson and Peter Cowden in 1981 concluded that many people are eager to quit their jobs and find themselves. People are tired of being branded *by* their work when what they want is to put their brand *on* their work. These researchers concluded that major career shifts are due to a number of complex factors including:

- **TRAPPED.** We rebel against the feeling of being trapped in a hated job. Constance Mitchell, writing in February 27, 1984 issue of USA TODAY, reported:

"Money is not the chief motivating force that influences entrepreneurs to start their own businesses. Sixty-nine percent said having more personal freedom was a crucial influencing factor.

- **AGING.** Men's milestone birthdays are reminders of their mortality and that there isn't a lot of time left to do what they originally wanted to do with their lives.

Social scientist Sam Osherson studied a group of men who made radical career changes. They had arrived at a point in their lives when they came face to face with the unfulfilled self and decided to switch careers. These men included: a 50-year-old scientist who

George Mair, an award-winning journalist from Washington, D.C., is a Korean War veteran who has written numerous articles on American life.

dumped that career to become an actor; a 45-year-old history professor who turned clay potter; an MBA business executive who switched to portrait photographer; an engineer who converted to an artistic painter; and a lawyer who became a sculptor.

Each faced the decision of whether to hold on to the past (stability) or let go and test new horizons (freedom). This last alternative is the option of self-fulfillment and the test of one's ability to be all that he can be.

• **OPTIONS.** Today many more career

and lifestyle options are available, which makes career switching even more tempting.

As Donald Wolfe, Weatherford School of Management professor, said, today's college graduate has a choice in a "cafeteria of career options."

• **SECOND CHOICE.** Often a person's current career was his second or third choice because he couldn't get into the right school or didn't have the time or money to do what he really wanted to do when he was younger. For some people in this situation, drugs and alco-

hol make it more bearable.

Psychologist David Krantz in his book, *"Radical Career Change: Life Beyond Work,"* found a typical case in a 38-year-old construction worker who used to be an insurance executive: "I was the great American dream. I had made my first million when I was 32. But, my life wasn't right. I couldn't figure it out. The booze made sure of that."

• **SOCIAL WORTH.** People want socially redeeming jobs that mean something to the rest of the world. This is the underlying cause of job-title inflation that has made salesmen into marketing representatives, garbagemen into solid waste management consultants and typewriter repairmen into post-sales service advisers.

• **BOREDOM.** More and more people simply refuse to have a boring job. As CBS commentator Jim Donnelly said in his "Countdown To Tomorrow" program, "The Baby Boomers who are now in mid-career are taking a close look at where they are, anticipating leaps in career more for enjoyment than for success."

Baby Boomers aren't the only ones. A Midwest retail merchant of 60 had spent 30 years as part owner/manager

'People aren't going to stay in unsatisfactory jobs for 30 to 40 years just to collect their pension. **;**

of a Chicago hardware store. Ten years ago, he became fascinated with wildlife in Florida. One day, he sold out his share of the store to his partner and moved to Florida to become a swampland tourist guide.

"I've paid my dues to middle-class respectability and now I'm ready to do something for myself."

Not every change in society needs to be regarded as a problem. In the case of the radical career-switching trend, it seems inevitable; the important thing is to understand it and adjust the way we do things to accommodate this new social phenomenon.

After all, the longshoreman philosopher Eric Hoffer used to say that any fool can get on a train, but only the wise man knows when to get off. ☐



ILLUSTRATION BY DAVID NOVES



America will always cherish its early houses of worship—meeting places that sparked the first flames of liberty and monuments to man's belief in a power greater than himself.

AMERICA'S HISTORIC CHURCHES WHERE FREEDOM WAS BORN

By Gary Turbak

IN THIS holy season, it is altogether fitting that we look back to our nation's roots and to the houses of God where freedom was born. The brick, mortar and wood that sheltered and nurtured our liberty in its natal years still stand as monuments to man's continual belief in a power greater than himself. The steeples of these great places of worship, where men were inspired to rise above circumstances in the darkest of hours, still reach to the skies like hands folded in prayer. Listen closely and your heart may hear the echoing cries of a new nation being born.

Gary Turbak, a free-lance journalist from Missoula, Mont., specializes in travel articles for this and other general-interest magazines.

Eavesdrop at St. John's Church in Richmond, Va. Watch a young lawyer named Patrick Henry rise in his pew and boom out a call to arms: "Give me liberty or give me death!" Or, on a dark Boston night, look up at the tower of the Old North Church, as Paul Revere did. A light glimmers there, but is it one lantern or two? Are those the hoofbeats of a lathered horse you hear?

At the First Presbyterian Church in Springfield, N.J., test the air for smoke and glance about for tattered hymnals. See again American patriots searching for wadding for their rifles, and hear a colonial chaplain, as he ripped apart hymnals written by Isaac Watts, shout, "Put Watts into them, boys." And the pages of prayer served as the wadding for Liberty's guns.

In Philadelphia's Christ Church and at St. Paul's Chapel in New York, kneel where Franklin, Jefferson and Betsy Ross knelt. Trace with your fingers the carved initials "G.W." in the pew where George Washington prayed.

Scratch a line in the dust at the Alamo in San Antonio the way Col. William Travis did in 1836. Step over that line to the side of Liberty, as did 188 Texans who believed that freedom was sweeter than life itself.

Reflect on the role that religion has played in the birth of this nation and in the preservation of its freedom. Through all of our toils and snares, freedom's holy light has streamed most brightly through the stained glass windows of our nation's churches, temples and synagogues. It is in these hallowed sanctuaries that men and women of God, seeking divine guidance, have made America, truly, a sweet land of liberty. □

Planning a Trip?
Remember to use your
American Legion
Family Benefit Plan



FREEDOM RIDE—Paul Revere gallops forth from Old North Church.



APPEL

ST. JOHN'S CHURCH—Some visitors to this Richmond, Va., church claim they can almost hear the voice of Patrick Henry urging "Give me liberty or give me death."



PENNSYLVANIA TRAVEL BUREAU

CHRIST CHURCH—Worshippers today pray where founding fathers sought guidance.



STOCK BOSTON

APPEL

OLD NORTH CHURCH—Box pews keep churchgoers warm in cold Boston winters. Built in 1723, the church still uses many of its original furnishings.



JAMESTOWN—Built in 1639, this is the nation's second oldest church.



PHILADELPHIA CONVENTION BUREAU

PHILADELPHIA—Prayers for a free nation may still linger in Christ Church.

LEGION OPPOSES VA BUDGET CUTS

WHILE other veterans groups went along with Congress' cost-cutting of the VA budget, The American Legion stood firm in its conviction that imposing the means test and third-party reimbursement is the first step in dismantling the veterans health-care system.

In an October appearance before the House Veteran's Affairs Committee, Nat'l Cmdr. Dale L. Renaud said the Legion was opposed to the establishment of a means test and third-party reimbursement because both would change the VA health-care system from an earned benefit to a cost-sharing program. "The duty to defend this nation is an obligation of citizenship," Renaud said. "That obligation begets an equal responsibility on the nation not to forget those who served."

As the magazine went to press in early November, the House had passed both measures and the Senate was expected to pass the legislation shortly. The means test would require veterans seeking VA health care for non-service-connected illnesses to prove their inability to pay for treatment. Veterans with incomes above certain levels would have to make a co-payment. Third-party reimbursement would require insurance companies to pay the VA for medical care given to their policyholding veterans.

In a meeting earlier this year with representatives of the major veterans organizations, the Legion was the only veterans group that refused to go along with the means test and third-party reimbursement. The other veterans organizations said it was a better alternative than the more stringent VA budget cuts proposed by the administration.

"All we want is what is just and proper for our nation's veterans," Renaud told the House committee. He said current information shows that most of the veterans using the VA system are destitute, and if forced out of the VA system, would seek care from other publicly

Even though other veterans organizations have conceded, The American Legion remains firmly opposed to third-party reimbursement and the means test, Renaud tells the U.S. Congress.

financed medical programs.

"The people who use the VA system are among the oldest, sickest and poorest of America's veterans. These are the ones who will be hurt if these ill-advised proposals become law," Renaud said.

Studies have shown that only 10 percent of all veterans receive health care from the VA system. Under law, all veterans 65 and older (estimated at 3

million) are eligible for VA medical care for non-service-connected treatment on a space-available basis.

The means test would require veterans with non-service-connected illnesses to prove that their net family incomes are less than \$25,000 before gaining admission to a VA hospital. Veterans without dependents could not exceed a net yearly income of \$19,000. But what concerns the Legion is that veterans exceeding either income level would be required to make a co-payment of up to \$490 per year for medical care (the same payment required by Medicare).

"If the VA is going to revert to a system of this kind, then veterans might as well go to Medicare to begin with and receive benefits they have qualified for through payment of taxes," Renaud said.

The means-test legislation, sponsored by Rep. G. V. "Sonny" Montgomery of Mississippi, who is committee chairman, and Rep. John P. Hamerschmidt of Arkansas, was offered as an alternative to what legislators said would be more drastic cuts in the VA budget.

"No other method of testing that goal has been advanced by any supporters or by critics of the proposals," Ham-

NAT'L CMDR. RENAUD—*"The Legion opposes the means test and third-party reimbursement because they will change the VA health-care system from an earned benefit to a cost-sharing program."*



merschmidt said, "except the adoption of a much more stringent means test on certain VA medical care."

Adoption of the means test will present other problems for veterans, Renaud said. "It will slow everything down. It is going to create more paperwork. It will require more clerks and will place added burdens on social workers. And we certainly don't believe it will be cost effective."

Many committee members said they were not fully convinced that the means test was the best solution, but the prospects of deeper cuts forced them to go along with the plan.

WHILE the means test has generated criticism from The American Legion, it is the third-party reimbursement plan that may signal the beginning of the end of a health-care system on which many veterans have relied for the past four decades. Under the plan, insurance companies will be required to reimburse the VA for treatment provided to any veteran with a non-service-connected illness who is privately insured. Health care for service-connected claimants, World War I veterans, former POWs and veterans seeking treatment for exposure to Agent Orange or ionizing radiation would remain unchanged.

"Third-party reimbursement would, in effect, turn the VA system into a cost-sharing program," Renaud said. "Reimbursement and the deductible would make the VA program dangerously similar to Medicare." He also said it would then become difficult to defend the VA system as an independent entity.

"Those who oppose the system are going to say, 'If you're going to run it

"The people who use the VA system are among the oldest, sickest and poorest of America's veterans. These are the ones who will be hurt."

like Medicare, then merge it with Medicare. Have one health-care program for all citizens and let the VA subsidize the care for the service disabled," Renaud said. "This, of course, is unacceptable."

Renaud, who has worked in the insurance industry the past 24 years, said third-party reimbursement is an about-face on the universal practice of insurance companies denying paid benefits for policyholders receiving treatment in federal health-care facilities.

There's every indication the insurance industry will battle the federal government in the courts over third-party reimbursement, according to industry officials, who have argued they cannot be forced to enter into a binding agreement with the government. Critics within and outside the Legion have predicted insurance premiums will balloon if health providers are forced to pay the bills of non-service-connected veterans.

At one point during the hearing, Montgomery asked Renaud what areas the Legion would suggest the House cut if the VA budget were left alone.

"Mr. Chairman," replied Renaud, "That's not The American Legion's responsibility. But I would remind you that since FY 1981, adjustments in veterans programs have reduced costs in the aggregate by more than \$500 mil-

lion. We just cannot support any measures that are going to take that much away from the Veterans Administration."

Government records show that between 1975 and 1984, VA spending increased 55 percent compared to 163 percent in all federal spending during that same period. Renaud told the legislators the current VA fiscal year budget is less than 3 percent of the total federal budget and that the level of spending for the agency has allowed only for minimal cost increases.

Renaud said that if these cuts go through, "what will happen is that any savings derived from this scheme will be eaten up in the increased costs brought on by more and more government paperwork. We don't know where any further reductions can be made without crippling or eliminating programs."

RENAUD tempered the Legion's position on the means test and third-party reimbursement by complimenting the committee for opposing what could have been more devastating cuts proposed by the Senate and the administration. The committee also has defended a pending \$9.3 billion appropriations bill that would maintain present staff levels in VA hospitals and continue with essential hospital services.

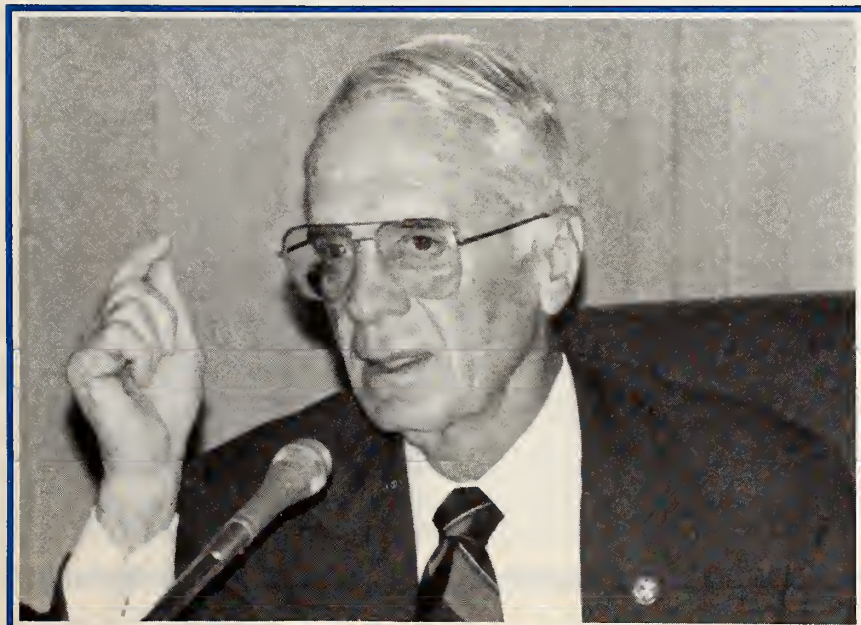
While much of the testimony focused on health care for what has become a growing and aging veterans population, Renaud said Congress cannot turn its back on special problems faced by those who served in combat in Vietnam.

Those problems were brought more into perspective in July 1985 in the initial findings of a study conducted by Columbia University researchers and Legion officials.

Renaud said some of the more serious and graphic problems found in Vietnam combat veterans have been related to Post Traumatic Stress Disorder and exposure to the chemical defoliant Agent Orange. The preliminary findings in the study indicated combat veterans tend to have lower wage-earning capabilities, higher divorce rates and more mental and physical problems than those who served in non-combat roles.

Observed Renaud, "Whether the VA

SENATOR MONTGOMERY—Under the congressional plan, veterans would be entitled to VA health care, and a fiscal savings would be realized through reimbursement of medical costs to the VA by private health insurers.



has been responsive to the needs of veterans of the Vietnam War has been questioned. It's been stated on many occasions—and in the judgment of the Legion—the VA has not exhibited the empathy and receptivity that it should have with the unique problems of some Vietnam veterans."

Pending legislation, most of which is supported by fiscal conservatives in the Senate, also has the Legion concerned.

In other VA health-care-related issues are plans to further reduce spending by eliminating the lion's share of funds used to maintain and renovate existing facilities.

Also under consideration is a proposal to fund no more than two replacement VA hospitals each of the next three fiscal years. Both proposals will lead to an eventual multi-billion-dollar loss in capital investment by the federal government.

Still, VA budget cuts may go even deeper in legislation yet to be submitted. VA personnel reductions would include the loss of more than 1,000 employees in such fields as health care, administration and construction. Also

proposed is an across-the-board 5 percent pay cut and reduction of certain operating and expense accounts.

The administration also wants to add a 5 percent user fee to all VA home loans, a program that has turned a profit 39 of the 40 years it has been in existence.

Renaud advised committee members against accepting every recommendation of fiscal conservatives and research groups "whose only goals are to reduce costs." The commander said every cost-cutting device passed into law either eliminates or diminishes vital service and quality of care.

ONE Washington-based think tank suggested the government should dismantle the present VA health-care system. The group also has recommended that Congress eliminate all pensions for veterans and survivors of veterans that are not deemed service-connected.

The best known of the research groups, the Grace Commission, has suggested that VA hospital facilities be managed by private companies under short-term contracts and that the gov-

ernment discontinue VA nursing-home construction.

The Legion is aware of the fiscal crunch faced by the government, Renaud said. "We know that Congress and the White House are continuing to struggle with the problem of persistent budget deficits and it's obvious there are no easy solutions. The Legion supports all legitimate efforts to control federal spending," he said, adding that most other federal programs have spent three times the amount VA has since 1975.

"Veterans programs cannot be blamed for current budgetary problems," Renaud said.

He said further budget cuts and measures such as means testing and third-party reimbursement or any other unreasonable cost-cutting plans have sent a different message to the nation than that of the administration's zeal to curb spending.

"The issue is whether the country has broken faith with its veterans," Renaud said, "and tried to balance the federal budget on the backs of those men and women who left their homes and families to keep this nation free." □

WE ARE OPPOSED BECAUSE . . .

THE means test and third-party reimbursement proposed by Congress will add to the plight of thousands of veterans engaged in the daily struggle to stretch their Social Security checks to cover basic living expenses and health-care costs.

"Veterans were not asked if they had the means to defend this nation when they were called to serve," said William F. Lenker, chairman of The American Legion's Veterans Affairs and Rehabilitation Commission. "The bottom line is that the means test and third-party reimbursement are a breach of faith with our veterans."

"This is not a cost-effective program. It will create a bureaucratic nightmare for the VA and its patients," Lenker said. "The extra paperwork and additional red tape undoubtedly will frighten away many veterans from seeking VA health care."

Lenker said the means test will require veterans who are seeking medical care from the VA to prove their inability to pay for treatment. The test, which applies only to those seeking treatment for non-service-connected illnesses, establishes a maximum annual income of \$25,000 for veterans with dependents, and \$19,000 for veterans without dependents. Those

exceeding either of the two income levels will be required to make a co-payment of \$490 per year.

Rep. G.V. "Sonny" Montgomery, chairman of the House Veterans Affairs Committee and co-author of the means test and third-party bill, has defended the legislation, saying it staved off deeper VA cuts being sought by the budget committees of both Houses. He also said the program will make it possible for thousands of veterans with non-service-connected illnesses to receive medical care from the VA when they could not before.

Lenker said third-party reimbursement, where insurance companies are required to pay the VA for medical treatment given to their policyholding veterans, changes the VA health-care system from an earned benefit to a cost-sharing program. Lenker said veterans health care is an earned benefit, not a privilege that can be revoked at any time. "You can't un-earn these benefits."

While the Legion's efforts to convince lawmakers to vote down the new legislation did not succeed, Lenker said the organization will monitor the program to see if it works the way Congress says it will. Congress has said the system will help many of the esti-

mated 25,000 veterans who are turned away at VA medical facilities each month because of the non-availability of space.

"We're by no means going to be passive. The American Legion will be there every time a deserving veteran is turned down for medical care," Lenker said. "The Legion's position has not changed. We're convinced the means test and third-party bill are the first steps in dismantling the VA health-care system." □



William F. Lenker

REPORT ON CHILD ABUSE HIGHLIGHTS FALL MEETINGS

WE HAVE a society in this country that is really sick," Eugene V. Lindquist, chairman of the Children and Youth Commission, told NECmen at the 1985 Fall Meetings in Indianapolis.

"We have things happening to four-year-old girls and women in nursing homes that we have no control over," he said, as he told of an undeclared war being waged by "sick people" and the need to battle against child exploitation in the United States.

Lindquist's remarks, accompanied by applause from the NECmen, were prompted by what he heard at a one-day seminar, "Child Lures," that gave an overview of crimes against children throughout America. The seminar, attended by nearly 500 persons, was sponsored by The American Legion and Auxiliary and presented in Indianapolis by Kenneth Wooden, a nationally recognized investigative reporter, author and lecturer who specializes in children's issues.

Lindquist said he overheard people at the Fall Meetings discussing with frustration and anger the murder of an elderly American on a terrorist-held Italian cruise ship.

Although he expressed his sorrow over the cruise ship incident, Lindquist said, "Terrorism is adults killing adults. We have worse things happening right here in this country—adults killing children—and we're not doing anything about it," adding that The American Legion needs to be more active in combating crime against children.

In opening remarks to the NEC, National Cmdr. Dale L. Renaud stressed the importance of internal communications, planning and unity. He reminded the NEC that "Our task here is to assemble the information put before us, put it in workable form and then take it home with us and use it."

"We have to get the information we act on here into the hands of our members—the ones who make our plans work. If this is not done, we have failed in our responsibility," Renaud told the Legionnaires.

"Each Legionnaire, each post, each district and each level of The American



EMPIRE STATE—NECman William P. McLaughlin (left) and Department Adjutant Richard M. Pedro, both of New York, listened to motions presented on the floor at the Fall Meetings, during which 19 resolutions were passed.

Legion must have a comprehensive plan of action to accomplish our goals," he said.

Reiterating his belief in unity of the membership of the Legion and the American Legion Auxiliary, he said, "Together we can reach goals we never even dreamed of, so let's keep that working relationship alive. Because if we can respond to change together and face the challenges of improving the solid history of accomplishment we have built over the past two-thirds of a century, we can remain on the leading edge of shaping our nation's destiny."

At the National Commander's Dinner to honor members of the NEC, Adm. James S. Gracey, Commandant of the U.S. Coast Guard, urged Legionnaires to oppose the Senate Appropriations Committee's proposal to reduce the Coast Guard budget by \$200 million. Gracey said that if approved the proposal would reduce the Coast Guard force by 6,000 to 7,000 military and civilian jobs, mothball more than 40 large cutters and patrol boats, close about 12 shore-based search-and-rescue stations, ground more than 45 aircraft and delay acceptance of new cutters and patrol boats. He also said the cutback on air and sea operations would elimi-

nate 30 percent of their patrols against drug smugglers.

During the two-day meetings, the NEC approved the following resolutions:

- Res. 2 urges the President, Congress and DoD to continue to operate the Great Lakes Naval Training Center and the O'Hare Air Reserve Facility in Illinois.
- Res. 3 rescinds obsolete resolutions dealing with Foreign Relations.
- Res. 14 sets the 1986 National Convention at Cincinnati from Aug. 29 to Sept. 4; places all future national conventions on a four-day schedule; and states that beginning in 1989 national conventions shall not begin before Aug. 15 and shall end no later than Sept. 15.
- Res. 15 supports legislation to establish 10 regional veterans employment representatives, one for each DoL administrative region.
- Res. 16 supports the erection of a Vietnam Women's Memorial in Washington, D.C.
- Res. 18 encourages Legionnaires to learn what their local schools are teaching about nuclear disarmament and related Americanism subjects, and proposes that classroom instruction of nuclear power and nuclear disarmament be limited to high school students.
- Res. 19 directs the National Adjutant and National Librarian to conduct a study on the feasibility of publishing an up-to-date history of The American Legion.
- Twelve additional resolutions dealt with administrative matters.

The complete text of any of these resolutions may be obtained from: Archives, The American Legion National Headquarters, P.O. Box 1055, Indianapolis, IN 46206. □

THE STATUS OF VETERANS LEGISLATION

As we went to press in early November, more than a dozen Legion-supported bills introduced in the 99th Congress had been signed into law, and several more were pending.

The Legion supports literally hundreds of other bills that we will continue to report on as developments occur.

The Federal Budget

This year the Legion faced several budgetary challenges. In one of them, the Legion stood alone among veterans service organizations in refusing to embrace two proposals designed, at the expense of American veterans, to save more than \$1 billion in VA spending over the next three fiscal years. These proposals will require non-service-connected veterans to undergo a means test to establish eligibility for VA health care and require non-service-connected veterans with their own private health insurance to pay for VA care through those insurances.

In the Legion's view, these changes will usher in unprecedented, unwarranted, sweeping VA health-policy revisions, the consequences of which are so uncertain that they will require close examination by the Legion in the days ahead.

Another major challenge this year concerned appropriations for actual VA spending in the current fiscal year, which began Oct. 1, 1985. When the Senate considered the VA appropriations legislation, the Budget Committee requested that \$296 million be cut from health-care funding, arguing that the cut was necessary to bring VA appropriations in line with total spending contemplated in the budget resolution adopted



SPEAKING FOR VETERANS—Renaud seeks congressional backing for veterans legislation during regular visits to Washington.

by Congress last August.

The Legion was successful, however, in getting \$100 million restored before the measure was finally passed by the Senate. The Legion also pushed for higher House-passed medical-care appropriations when the two versions of VA appropriation went to a conference committee to iron out differences.

Next year, veterans may again expect to be challenged as budget-cutters renew their efforts to balance the federal budget. In the Legion's view, veterans programs have already been cut by more than their fair share. Evidence of this is clear on review of VA spending over the past 10 years, contrasting spending by other federal agencies. For example, total VA spending between 1975 and 1984 rose by only 55 percent compared to total federal spending increases over the same period of 163 percent. VA medical-care spending over that period rose by 141 percent compared to a 377 percent increase in Medicare. More-

over, VA spending has been a model of restraint; therefore, the Legion believes the VA budget shouldn't suffer any further reduction.

MX and 'Star Wars'

Discussed in and out of Congress as vital additions to this country's defense preparedness are the MX "Peacekeeper" missile system and the Strategic Defense Initiative (SDI), more popularly known as "Star Wars."

Congressional budget-cutters have sought to reduce the number of MX missiles being deployed for the coming fiscal year. However, the Peacekeeper is the first replacement in 20 years for the nation's aging Minuteman ballistic missile forces. Also, deployment of the Peacekeeper will offset Soviet deployment of similar missile systems over the past decade.

Meanwhile, critics have attacked the SDI as being too expensive, not feasible or too provocative to the Soviets, who claim that U.S. pursuit of SDI would seriously hamper arms talks between the two superpowers. These views are overstated, as funding earmarked for SDI is only for research to explore the feasibility of developing a system envisioned by President Reagan.

The Legion considers the MX and SDI vital to the country's nuclear defenses in the face of an unprecedented Soviet buildup.

Tax Reform Issues

Much attention has been focused recently on plans to simplify the nation's tax code. One alternative being explored by the administration, Congress and other groups is reform of the country's system of tax incentives to people and businesses.

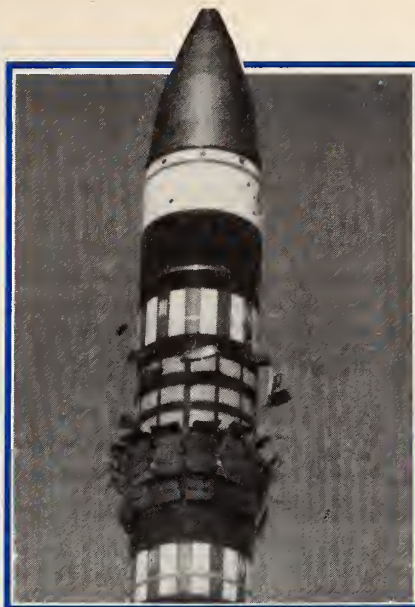
Some of the incentives tentatively slated for modification or outright elimination include the Targeted Jobs Tax Credit (TJTC); business deductions for building modifications to make areas accessible to handicapped workers; charitable tax deductions for non-itemizing taxpayers; and the volunteer mileage tax deduction for persons using their own vehicles for volunteer activities.

While the current tax system is filled with loopholes and complicated formulas, The American Legion has testified before the tax-writing committees on the importance of continuing each of these tax deductions. The deductions currently benefit unemployed or disabled veterans, and encourage Legionnaires to participate in charitable projects that benefit the entire community.

Specifically, TJTC allows private-sector employers to receive tax advantages for employing certain categories of persons, including veterans. The volunteer mileage deduction, in effect, saves the government money. Private citizens, including Legionnaires, participate in volunteer activities that otherwise would require the federal government to expend large amounts of funds to provide the same service.

Aid to Freedom Fighters

Various proposals have been advanced this year to provide military and/or humanitarian aid to the forces opposing



NATIONAL DEFENSE—The Legion supports full funding for the MX missile.

the Marxist Sandinista government of Nicaragua. Congressional opposition to aid for these anti-communist forces, commonly called the Contras, is based on the conception that they are little better than the Sandinistas they oppose. Also, many members of Congress hope to avoid further entanglements that would embroil this country in another Vietnam-type conflict.

However, The American Legion feels that the expansion of the Nicaraguan armed forces over the past six years poses a direct threat to the stability of

the Central American-Caribbean area. It is an established fact that Soviet and Cuban advisers are helping to train the Nicaraguan armed forces. Sandinista forces, equipped with modern Soviet-made weapons, including tanks and helicopters, number nearly 150,000, more than enough to seriously destabilize an already volatile region.

To eliminate this growing threat to American security, The American Legion believes it is imperative that Nicaraguan freedom fighters be provided with sufficient military or humanitarian aid, to counter the Marxist Sandinista threat to American interests in this strategically vital region.

The Postal Subsidy

For the past several years non-profit organizations that use the postal service extensively have faced greatly increased mailing costs.

Since 1981, the administration has attempted to delete all funding for the Revenue Foregone postal subsidy, contending that with growing budgetary deficits, the postal subsidy should be phased out entirely. Congress, however, does not agree.

The plan for phasing out the postal subsidy would raise postage rates for non-profit organizations incrementally each year until the subsidy disappeared. Funding for the Revenue Foregone subsidy was contained in differing

Continued on page 42

OTHER BILLS OF INTEREST

BILLS PASSED

P.L. 99-9 Requests the President to designate the week of March 10 through March 16, 1985, as "National Employ-the-Older-Worker Week."

P.L. 99-13 To designate the month of April 1985 as "National Child Abuse Prevention Month."

P.L. 99-17 and 99-18 To authorize funding to procure additional MX missiles for the remainder of fiscal year 1985 and to approve actual funding for procurement of the missiles.

P.L. 99-35 To designate May 7, 1985, as "Vietnam Veterans Recognition Day".

P.L. 99-37 Designating the month of November 1985 as "National Alzheimer's Disease Month."

P.L. 99-38 Requests the President to designate the month of June 1985 as "Youth Suicide Prevention Month."

P.L. 99-54 To recognize the pause for the Pledge of Allegiance as part of National Flag Day activities.

P.L. 99-57 Provide for the designation of July 14, 1985 as "National POW/MIA Recognition Day."

P.L. 99-83 "International Security and Development Cooperation Act of 1985." Foreign aid authorizations provide \$27 million in humanitarian aid to Nicaraguan freedom fighters; \$2.2 billion in economic and developmental aid to Central America for the next two years; \$15 million for non-lethal aid to Afghan freedom fighters; and,

relaxation of restrictions on aid to El Salvador and to anti-Marxist groups in Angola.

P.L. 99-88 Supplemental Appropriations Act, FY 1985. Provides for \$175 million in extra funding to the Veterans Administration account for compensation and \$152 million for VA pay increases to offset GS 11-15 reduction.

P.L. 99-94 To designate the week of November 24 through November 30, 1985 and the week of November 23 through November 29, 1986 as "National Family Week."

P.L. 99-103 Makes continuing appropriations for fiscal year 1986. Makes stop-gap appropriations for Departments of Labor, Defense, etc. in order that federal government operations can continue in lieu of a final budget.

P.L. 99-108 To amend Title 38, USC, to provide authority to VA to continue operating a regional office in the Philippines; to continue contract care for veterans in Puerto Rico and the Virgin Islands; and to amend the Emergency Veterans Job Training Act to extend the period for entering into training under the Act.

OTHER PENDING BILLS

HR 983 and S 1250—Targeted Job Tax Credit.

HR 1408 passed House, May 20. **S 1733** pending—Emergency Veterans Job Training.

S 657—To make the VA a cabinet-level agency.

HR 1281 pending and **S 408** passed Senate July 16—Reauthorization of SBA.

HR 1802 passed House July 22—Legislation to preserve jobs reserved for veterans in Federal Civil Service.

HR 1872 passed House June 27 and passed Senate June 5—Defense Authorization for FY '86.

HR 1409 passed House Oct. 16 and **S 1042** passed Senate June 6—Military Construction Authorization.

HR 1555 passed House July 11 and **S 960** passed Senate May 15—Foreign Aid Authorization.

HR 505 passed House May 21 and **S 876** passed Senate July 30—Veterans Health Care.

HR 1811 and S 797—Youth employment opportunity wage legislation.

HR 2965 passed House July 17—State Justice Commerce Appropriation.

HR 3038 passed House July 25 and passed Senate Oct. 18—HUD and Independent Agencies Appropriation.

HR 3327 passed House Oct. 17 and passed Senate Oct. 8—Military Construction Appropriation.

HR 3424 passed House Oct. 2 and passed Senate Oct. 22—Labor HHS and Education Appropriation.

HR 3244 passed House Sept. 12 and passed Senate Oct. 23—Transportation Appropriation.

HJ Res. 372 passed House Aug. 1 and passed Senate Oct. 18—Debt Limit Extension.

VIETNAM VETS SUFFER EMOTIONAL BREAKDOWNS

Not all VA medical facilities are providing adequate programs and treatment for Vietnam veterans with mental problems, study shows.

ALMOST 39 percent of the veterans who served in Vietnam say they either experienced a mental, nervous or emotional breakdown, or at some time following service thought they would, according to the most recent findings of the Columbia University-American Legion Study of Vietnam Veterans.

These findings were presented recently at a meeting of the Society of Traumatic Stress Studies in Atlanta by John Sommer, deputy director of the Legion's Veterans Affairs and Rehabilitation Division.

"Many of these veterans did not seek help from the VA. But those who did actually saw heavy combat," Sommer said.

About 663 veterans, or 10 percent of the study population, sought help from the VA. A significant percentage of those veterans were not asked questions about their combat experiences or other life-threatening situations, Sommer reported. "Nor were they asked questions related to specific symptoms of Post Traumatic Stress Disorder," he added. "The data in these findings make apparent the lack of a systematic approach to the medical, social and military histories of Vietnam veterans with mental health problems appearing at VA facilities for assistance."

These findings verify and confirm statements that the Legion has been making to Congress and the VA since early 1982, Sommer said.

"These results demonstrate a serious need for special programs and facilities to deal with the mental health problems of Vietnam veterans, he said. "They also demonstrate a need for improvement in the manner in which treatment is currently being provided at some VA facilities."

Sommer did state that these problems do not exist at every VA medical facility. "However, they should not exist at all," he emphasized. "These are particularly critical findings for a health-care system that is run solely for the benefit of veterans, many of whom, of course, have been in combat or have faced similar life-threatening situations."

Another important part of the findings is that Vietnam veterans who reportedly are suffering from mental health problems, and are seeking help for them, are at a distinct economic disadvantage in comparison with other veterans participating in the study, said Sommer.

"Looking at the entire group that served in Vietnam and who sought mental health treatment," said Sommer, "only 37 percent had family incomes greater than \$25,000 compared with 51 percent of the entire group." In addition, there are twice as many veterans who sought mental health care in the lowest income ranges (\$6,000 to \$12,000) than those that didn't.

Gov't. Green Checks On Their Way Out

THE federal government has decided to discontinue the green punch-type checks it has used for years, and replace them with lightweight checks.

Millions of veterans will begin receiving the checks April 1, 1986. The changeover is part of a nationwide conversion by the Treasury Department's Financial Management Service. The punch-type checks have become obsolete with changes in technology, treasury officials said.

"We needed to conform to generally accepted commercial practices," said W. E. Douglas, commissioner of the Financial Management Service. Douglas said the check will save \$6 million each year in paper and storage costs.

HAVE YOU SEEN THIS CHILD?

KIDNAPPED—Natashia Shanes, 6. Last seen May 8, 1985, in Jackson, Miss. Hair: Light Brown. Eyes: Brown. Height: 4'. Weight: 57 lbs. Contact: Dee Scofield Awareness Program, Tampa, Fla., telephone (813) 839-5025 between 8 a.m. and 8 p.m. EST.



Project Seeks Boots for Afghan Freedom Fighters

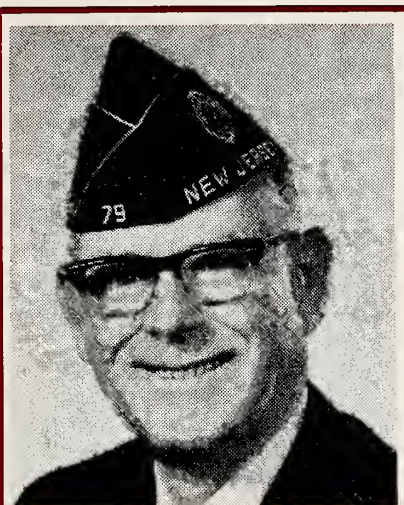
AFGHAN freedom fighters have stood their ground against invading Soviet troops the past five years, and more often than not, have done so in bare feet.

The U.S. Council for World Freedom, the Committee for Free Afghanistan, and American Labor have teamed up to help provide freedom fighters adequate footgear. "Project Boots" calls for donations of used but serviceable boots to aid the Afghans, who live and engage in battles in the jagged mountains of their country.

The program began this fall in Arizona and the sponsoring groups hope to receive 100,000 pairs of boots and heavy socks for the mountain soldiers.

"This non-partisan and humanitarian effort reminds all freedom-loving people that the Afghan struggle for independence is our fight as well," said Maj. Gen. John Singlaub (USA Ret.), who heads the council for World Freedom.

Donations should be sent to the U.S. Council For World Freedom, 3003 West Northern, Suite 4, Phoenix, AZ 85021.



PAST NATIONAL CMDR.—William C. Doyle, (1968-69) died Sept. 13 of a heart attack. Doyle, 66, of Bordentown, N.J., was at the helm of the Legion during its 50th anniversary, a year-long observance highlighted by Doyle and President Nixon presenting the Legion's gift to the nation—permanent lighting for the Tomb of the Unknown Soldier at Arlington National Cemetery. Doyle, an Army officer during World War II and brigadier general in the New Jersey National Guard, also held key positions on the Legion's National Security Commission during the early 1960s.



VETERANS ADVISER

Have a question concerning your veterans benefits? The American Legion Magazine will try to answer it in this column. Write to The American Legion Magazine, Veterans Adviser Editor, P.O. Box 1055, Indianapolis, IN 46206.

Q: I am a veteran with a service-connected disability rated at 50 percent. I received an injury that was not service-connected, but will require a prosthetic appliance. Will the VA supply this needed appliance?

A: Yes. Any veteran with a service-connected disability of 50 percent or more may be provided with necessary prosthetic appliances for any medical condition.

Q: What are the eligibility requirements for a VA automobile grant?

A: A veteran or service person must have service-connected loss or permanent loss of use of one or both hands, or feet or permanent impairment of vision of both eyes to a specified degree. The VA will make a one-time payment of not more than \$4,400 to buy an automobile or other conveyance.

Q: May a veteran use a VA loan to purchase a mobile home and lot?

A: Yes.

Q: I am eligible for VA hospital care. May I obtain treatment from a public or private source at VA expense?

A: In a limited number of cases, certain categories of eligible veterans—generally, those who were disabled in service—may obtain non-VA medical care at VA expense. Such cases occur when VA is incapable of providing the required medical care economically at VA or other government facilities. When possible, prior approval should be obtained from a VA medical facility for such non-VA medical treatment.

WOMEN VETERANS ARE HEALTHY

WOMEN leaving the military are likely to be in good health and appear to have no extraordinary problems in readjusting to civilian life, a Veterans Administration report revealed.

The survey, conducted earlier this year, involved in-depth interviews with 3,000 women veterans around the nation. The information will help gauge how often VA facilities are used and predict their future usage.

In health areas, the report said, women veterans had about the same prevalence of chronic diseases as other women in the same age group. Age-specific rates of hypertension, arthritis and vascular diseases were significantly lower in women veterans, especially after age 65.

However, the prevalence of cancer—

9 percent—was nearly twice as high as the incidence of the disease in all adult women.

Ten percent said they had been patients overnight in a VA medical facility since leaving the military and 2 percent reported receiving in-patient medical care within the year before the survey. Nearly 30 percent who have not used a VA hospital said they have not required hospitalization. About half of those rated the care they received in VA facilities as good or excellent.

Women have made less use than male veterans of what is available from veterans benefits. But VA officials said the low rate is probably a result of a lack of awareness rather than of choice. Those who have taken advantage of benefits, such as education assistance, guaranteed home loan and life insurance, reported satisfaction with the services.

Open-heart surgery... Legion open house... a one-man army... remembering the forgotten army... keeping it in the family... building minds through education... a rescue in the mountains... for God, Country and Legion.

Guns blazing in the rock-fisted grips of police officers rappelling a tall building head-first, drug dogs sniffing over cracks and crevices, and the U.S. Navy Silent Drill Team strutting its stuff in disciplined splendor under the captivated eyes of spellbound visitors.

A circus?

No. A community open house sponsored by Legionnaires and Auxiliary



members of Parkville Post 183, Parkville, Md.

Post and unit members wanted their community to know more about the Legion and its myriad programs, so they launched the open house.

Results included presentations from all branches of the armed forces, and Baltimore County police with their K-9 dogs and SWAT team; photographing and fingerprinting children for identification cards provided by the Maryland State Police Missing Children Unit; a police-sponsored puppet show to tell children how to say no to strangers; a POW/MIA booth; support from local Boy Scouts and the Eye Bank of Maryland; and a display booth from the Johns Hopkins Hospital Hemapheresis Treatment Group with information on Aplastic Anemia, a disease of the bone marrow.

Armies come in three sizes: large, small and one-man. Gene B. Hutson claims title to the one-man variety for

his workaholic "can-do" record in Vandant Nanny Post 648, Rio Vista, Texas.

This Army veteran of the Korean War is a veritable dynamo as he busies himself in the post home with paneling, installing a new ceiling with recessed lights, working on an addition for a kitchen and office, and installing ceiling fans. All work is accomplished on his days off and in his spare time and financed through "pocket change" donations from fellow Legionnaires. In whatever spare time exists outside this schedule, Hutson recruits members. So far this year he's signed up 32. A tip of our Legion cap to Mr. Hutson.

How do we honor thee? Let me count the ways. Bob Pitts may have thought that during a visit to Muskogee, Okla., from his home-Post 62 of Sun City-Youngtown, Ariz. As he drove past the Muskogee VA Medical Center, a sign at the entrance to the center caught his attention. On the sign was a simple, stark message: "The Price Of Freedom Is Visible Here." Pitts said that never had he seen, heard or read anything so representative of America's continuous fight for freedom.

Jessica McBryde was in trouble and needed help badly. Her 2½-year-old heart had defects in two valves and she needed open-heart surgery. But her parents couldn't afford to get her from her home in Maryland to Alabama. Upon hearing of the family's plight, the Department of Maryland's Child Welfare Foundation and Children-Youth Commission held an emergency meeting and immediately approved the \$1,500

required to get the McBryde family to Alabama. Kudos to Maryland Legionnaires, who have donated more than \$28,000 statewide this year to children's causes.

On a quiet June Sunday in 1950, 135,000 soldiers and 200 Russian-built tanks and planes of the North Korean People's Army stormed across the 38th Parallel in a general invasion of South Korea, and began what often has been



referred to as "Korea: The Forgotten War." Korea took the lives of 54,246 Americans and wounded another 103,284 in some of the most savage battles ever fought.

Efforts prevail throughout the country to build a memorial to honor those who fought in Korea. Tony Zdanavage of Post 678, Nesopeck, Pa., joined those efforts by producing bumper stickers to remind Americans about the forgotten war. The stickers are red, white and blue and are free, unless people wish to donate to the costs of production and mailing. Stickers may be obtained from Zdanavage at P.O. Box 236, Berwick, Pa. 18603.

God and country, community service, the wholesome development of youth and family togetherness, are more than empty slogans to the Clancy family of Hawkins Post 156, Circle Island, N.Y.

Every member of the family is associated with either the post or its Auxiliary. William P. Clancy is past post commander, Anne Clancy serves in the



Auxiliary, William M. Clancy is an Eagle Scout through the post Americanism program, Mary Clancy is the Auxiliary president, and William G. Clancy is the current Post 156 commander.

Taking care of a historic building beloved by generations of local citizens, many of whom held their high school prom there and since have enjoyed post and privately sponsored dances on the spacious hardwood floor, is the gargantuan task of one Legionnaire in Baton Rouge, La.: Calvin P. Coghlan.



A master handyman with 70 summers under his cap, Coghlan has maintained the civic landmark for years. Once an open-air pavilion, Coghlan's Post 38 leases the building from the state for \$1.

The task of maintaining function and beauty in the old dwelling has been beset by the usual problems, including a savage winter that burst water pipes throughout the structure and wrecked the aging heating and air-conditioning plant. The damage threatened to snuff out the post treasury. Instead, Coghlan squeezed himself into a human pretzel in tight corners and niches to solder the pipes.

The Army Air Force veteran of World War II is known throughout the Louisiana bayous as a man to "ride the river with." Jim Tripp, department adjutant, said, "Whenever you need someone for any job, whether it's fixing a door lock or filling out an unexpired term, you look up and there's Cal. Thank the good Lord for Calvin Coghlan."

Alexander Callender was 19 when he enlisted in the British Army's Lancashire Fusiliers in 1914. After the "Great War," he emigrated to the United States where he died in Portland, N.Y., in 1979, but was buried without a grave marker. Ed Snyder, commander of John W. Dill Post 434 in Brocton, N.Y., and Hiram Borst, Chautauqua County veterans director and member of Cassadaga Memorial Post 1280, Cassadaga, N.Y., discovered that the allied soldier's grave did not identify him as a fallen veteran

or as a British soldier. They began knocking on doors looking for an organization that could supply a proper burial marker. Drawing blanks up the line, they finally appealed directly to the Prince of Wales, who quickly ensured that funds were provided to purchase a suitable marker. A miniature Union Jack also was bought for permanent display on Callender's grave.

Education has been in the forefront of Legion interests since the organization began. Thousands of youths across the nation, many of them from families that lacked the means to fund educational costs, have received needed boosts from Legion coffers at posts throughout the country. Palm Beach Post 12, West Palm Beach, Fla., is one of them. Post Legionnaires awarded \$58,250 in scholarship loans and grants for the 1985-86 school year. The post has awarded educational scholarships and grants for the past 25 years.

Hats off to Mabel Baker, a World War II WAAC, and VAVS volunteer for The American Legion at the Roubidoux VA Medical Center in Indianapolis. Holder of the Legion's highest volunteer award, "Citation for Meritorious Service," Baker has volunteered more than 18,000 hours of her life helping VA patients. Her donated time comes to 9 years of 40-hour work weeks.

In 1948, in the rugged wilds of Vancouver Island, B.C., a U.S. Navy aircraft with nine crewmembers crashed into a mountain. When the wreckage was discovered years later, attempts to recover the remains were considered by government officials, but dismissed because of the cost involved, gale-force winds, ever-present snow, and the remoteness and altitude of the site. However, veteran Raymond H. Swentek, whose brother Lt. Edward T. Swentek was one of the nine, has found a bush pilot who says he can fly into the site and extract the remains. To raise funds for the expedition, Swentek has organized a tax-exempt public trust at F.R.I.E.N.D., L'Enfant Plaza, P.O. Box 23490, Washington, DC 20026.

LEGIONNAIRE OF THE MONTH



Noble B. Mears Sr.

F SANTA CLAUS wore an overseas cap, he could double for a jovial Oklahoma Legionnaire who visits children at Christmas time and looks out for their welfare on Halloween.

Noble B. Mears Sr., a 40-year member of Huff-Minor Post 14 in Ponca City, Okla., is praised by fellow Legionnaires as "one of the most active Legionnaires that Post 14 has ever had during his years as a member of the post." He was named Legionnaire of the Year by the Department of Oklahoma in 1984.

Mears has a reputation for being one of the first persons to begin work on any post project and for working until the project is done.

Through the years, he has served on committees for bingo and Boys State, chaired the Poppy Committee and has given talks on flag etiquette to children and adults. As post service officer he handled 1,169 cases in one year and obtained 10 emergency grants totaling \$3,392.50 to assist 19 children. He also helped coordinate drivers and visitors for trips to the VA hospital, making 87 trips himself to transport 232 veterans.

His concern for the welfare of others extends beyond the Christmas season. He is often found working at highway rest areas on other holidays, aiding in emergency rescue operations.

But playing Santa is what he enjoys the most. For more than 30 years, he has been Santa to children of all ages at parties in churches, nursing homes, schools and civic clubs. In a typical season, he greets more than 2,500 children.

Post 5, Jefferson City, Mo.

A Night for Vietnam Veterans

VIETNAM. The experiences and feelings of those who fought there 10 years ago, and the significance of those events on their lives today, are not always easy for veterans to talk about or for others to understand.

"Ten Years After," sponsored by Roscoe Enloe Post 5, Jefferson City, Mo., was a statewide dinner and social gathering for Vietnam-era veterans so they could remember the past, give recognition to those who served and dedicate themselves to the future.

The evening of reminiscing, recognition and rededication grew from a suggestion by two post members, Charlie and Tom Goodin. While it was yet another of the observances that occurred nationwide during the 10th anniversary, for the Missourians it also helped draw together veterans of all wars and their families.

Service colors in place for the event represented all the armed forces of the United States and bore battle streamers from Yorktown, Chattanooga, Argonne, Beirut, Italy, France, Korea and the Philippines.

Posters depicting Vietnam veterans and those missing in action or held prisoner of war were on display in the ball-

room of the Ramada Inn, which was donated for the evening. The posters were supplemented by a map of Indochina marked with pins and signatures by those in attendance to show where they had served.

Steve Amick, representing the electrical workers union Local 257, during the evening donated two gifts of \$1,000 each for the Special Olympics fund and the Unified Veterans Memorial to be built on the grounds of the Missouri State Capitol.

Highlight of the evening was brief remarks by Army Sgt. 1st Class Sammy L. Davis, a Vietnam Medal of Honor recipient from Illinois, who encouraged continued work on behalf of POWs and MIAs. At the conclusion of his remarks, Army 1st Lt. Bobby Scruggs approached center stage, faced Davis and saluted the Medal of Honor.

Preparations for "Ten Years After" were a cooperative effort of Post 5, its Auxiliary and Sons of the American Legion Squadron 5, as are most of the activities of this largest post in Missouri. Both the Auxiliary and SAL Squadron also rank as the largest units of their organizations in the state.

Lloyd A. Foulkrod, adjutant for Missouri, recommended Post 5 for Post of

the Month because it "works hard at everything and is involved in a lot of programs."

Besides the nationally sponsored youth programs of school awards, ROTC awards, Oratorical, baseball, and Boys State, the post sponsors children to Missouri's Cadet Patrol Academy and Camp Wonderland, a special children's camp. Post members also visit local schools on ceremonial occasions, discuss national heritage with students in the classroom and give each child a flag or other memento to mark the occasion.

In conjunction with the Jefferson City Veterans Council, the post conducts city-wide activities to commemorate patriotic holidays. On its own, it sponsors Flag Day, which includes a week of patriotic displays in the windows of businesses in the city center. Through the post's efforts, many of the stores fly the colors during the week.

Members of the post also make weekly visits to the Harry S. Truman VA Hospital in Columbia, Mo., where they perform volunteer tasks to assist the hospital workers, and make items of convalescent equipment available to members and their families.

In December, the post assists the Salvation Army in the Bell Ringer fundraising drive, supplementing the community donations with a contribution from the post's coffers and, with 40 & 8 Voiture Local 1492, sponsors a Christmas party for 250 handicapped children.

Working with the Auxiliary, the post helps victims of house fires, disasters, children in the Child Abuse Center and travelers who need assistance.

As part of its Crime Resistance Program, the post sponsors youths at the Cadet Patrol Academy and has given public recognition to the local sheriff for his work in law and order. Members of the post presented testimony to the Missouri Senate Criminal Jurisprudence Committee to make theft of the U.S. flag a felony and are working with the local law enforcement officials to gather data in support of the legislation.

With its membership of 1,724, the post has been the largest in Missouri for four years and for 10 years has maintained an all-time-high status. □



WAR MEMORIES—Past Post Cmdr. Charles W. Goodin swaps stories with Sgt. 1st Class Sammy L. Davis, a Medal of Honor recipient and honored guest at "Ten-Years-After."

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E.



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D.



B.



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VETERANS ALERT

OUTFIT REUNIONS

Guidelines—Outfit Reunion notices are published for Legionnaires only and must be submitted on official forms. To obtain forms, send a self-addressed, stamped envelope to: O.R. Form, THE AMERICAN LEGION MAGAZINE, P.O. Box 1055, Indianapolis, IN 46206. Notices must be received at least seven months before reunions are scheduled and will be published only on a first-come, first-served basis.

Army

- 7th Div. ISAAA-A-1 (Feb-Arlington, TX) Albert Bridges, 2540 Kennesaw St., Kennesaw, GA 30144 (404) 422-1630
 11th A/B (Western States) (Apr-Fresno, CA) LeRoy Franklin, 24581 Florence, Corning, CA 96021
 31st Dixie DD Div., 124th/154th Inf. Regts., Serv. Co. WWII (May-Richmond, VA) Joe Wall, 3544 6th Ave., Council Bluffs, IA 51501 (712) 323-5287
 116th Asst Helicopter Co. (Hornets-Vietnam) (Mar-Las Vegas, NV) George Cathy, 5817 E. Berry, #2, Fort Worth, TX 76119 (817) 737-9651
 191st F.A. Bn. (Feb-Maryville, TN) Floyd Porter, Rt. 9, Box 402, Maryville, TN 37801 (615) 983-0463
 447th AAA AW Bn. WWII (Apr-Baton Rouge, LA) Francis Naquin, 3345 Elm Dr., Baton Rouge, LA 70805 (504) 359-6134
 561st F.A. Bn. (May-St. Louis) Richard Zwiler, 2810 Heidelberg Dr., Boulder, CO 80303 (303) 494-6284
 "B" Co., 3854th QM Gas Supply Co. (Apr-Lakeland, FL) Martin Parcell, 1711 Tierra Alta Dr., Lakeland, FL 33803 (813) 644-5728
 "C" Co., 124th Inf. Regt., 31st Inf. Div. (May-Lancaster, PA) Harry Laudenberg, 206 E. New St., #1, Lancaster, PA 17602 (717) 392-1573
 AAA OCS Class 10 (Ft. Bliss, TX) (Jan-EI Paso, TX) J. Montgomery, 106 Palmora Blvd., Leesburg, FL 32748
 Fort Screven Assn. (8th Inf. Regt.-WWII) (Mar-Tybee Island, GA) Larry Knecht, 171 N. Shore Terr., Charlotte Harbor, FL 33950 (813) 625-3312

Navy

- 52nd NCB (Aug-Detroit) Don Bender, 22150 Saxony, E. Detroit, MI 48021 (313) 779-2672
 84th NCB (Aug-St. Louis) Harry Wujcik, Shadow Brook #84, Palmetto, FL 33561 (813) 722-8922
 129th Seabees, WWII (May-Kansas City, MO) Leland Workman, 1824 S.E. 36th Terr., Topeka, KS 66605 (913) 266-6729
 Covered Wagon Assn. (USS Whipple, Pecos) (May-Las Vegas, NV) Earl Dixon, 1075-275 Space Pky., Mountain View, CA 94043 (415) 968-5172
 Iowa City Navy Pre-Flight Sch. (June-Iowa City, IA) Bill White, 1411 1/2 Rochester Ave., Iowa City, IA 52240 (319) 337-3529
 U.S.A.T. J.W. McAndrews (Arm'd Guard) (May-San Francisco) Charles Lloyd, 5712 Partridge Ln., Raleigh, NC 27609 (919) 876-5537
 USS Augusta CA 31 (May-Des Moines, IA) Earl Dixon, 1075-275 Space Pky. Way, Mt. View, CA 94043 (415) 968-5172
 USS Bull DE 690 (May-Hawthorne, FL) Sidney Martin, Box 37, Hawthorne, FL 32640 (904) 481-3013
 USS Columbia CL 56 (May-Columbia, SC) Joe Rice, 5604 Plata St., Clinton, MD 20735 (301) 868-1260
 USS Conway DD 507/DDE 507 (All Wars) (Mar-Myrtle Bch., SC) Carl Shand, Rt. 3, Ware Rd., Fulton, NY 13069 (315) 592-7891
 USS Cross DE 448 (Mar-St. Petersburg, FL) Charles Russell, 5119 29th Ave. So., Gulfport, FL 33707 (813) 321-9236
 USS Drexler DD 741 (May-Virginia Bch., VA) Elmo T. Studard, 1715 Delwood Dr., Brownwood, TX 76801 (915) 643-1747
 USS Hombro YTB 506 (May-St. Louis) Sparky Determan, 17 Mimosa, Rt. 2, East Alton, IL 62024 (618) 254-1766
 USS Izard DD 589 (June-Owasso, OK) Fred Cox, 8416 N. Yale, Owasso, OK 74055 (918) 272-5558
 USS Kallin Bay CVE 68 & Sq. (Mar-Southern CA) Ted Gardner, 7 Elm Hurst Pl., Cincinnati, OH 45208 (513) 871-1928
 USS LCSL 111 WWII (June-Nashville, TN) Ernest Hatfield, Box 1, Oolitic, IN 47451 (812) 279-1551
 USS LST 808 (May-St. Louis) James Pettyjohn, Box 1022, Bainbridge, GA 31717 (912) 246-5833

USS Trenton CL 11 (May-Long Beach, CA) Frank Spencer, 3403 Lees Ave., Long Beach, CA 90808 (213) 425-0188
 USS Winged Arrow AP 170 (June) Raymond Meyer, 109 N. Ewing St., Box 591, Atlanta, IL 61723 (217) 648-2070

Air Force

- 57th AAFSTD (Ocala Instructors, Cadets & Personnel) (Mar-Ocala, FL) John Roberson, Rt. 1, Box 314, Keystone Hts., FL 32656 (904) 473-3366
 87th Serv. Sq. (Mar-Tucson, AZ) Maurice Conway, 3218 N. Romero, Tucson, AZ 85705 (602) 888-5700

LET'S GET TOGETHER

Notice of proposed reunions will be published on a first-come, first-served basis. Requests for inclusion must list the unit name, branch of service, contact name, address, including zip code and American Legion membership card number. Submit your request to: "Let's Get Together," The American Legion Magazine, P.O. Box 1055, Indianapolis, IN 46206

Army

- 1st Air Craft Warn. Co. (Sandy Hook-1940). Robert O'Brien, Box 16, Rexville, NY 14877 (607) 225-4676
 1st Cav. Div., 99th F.A. (Att'd Btlys) Steven Charochak, 331 W. 75th Pl., Apt. 2J, Merrillville, IN 46410
 7th Div. 17th Reg., (Love Co.-Korea). Jim Riggins, 701 10th St., Eldora, IA 50627
 9th MP Co. US AFPE (Bats, Batangas City). Leandro Marquez, 1136 Cadena de Amor, Arellano Ave. M, Manilla, 2802
 13th Mtn. Medical Bn., 98th Sta. Hosp. (CBI). Chester Benda, 901 Victory Ln., Justice, IL 60458 (312) 839-5552
 36th Inf. Div. Assn. Leonard Wilkerson, Box 2049, Malakoff, TX 75148
 45th GS Grp. (Camp Schmidt, Pleiku, Vietnam). Richard DeZago, Valley Dr., Rt. 1, Box 134F, Salisbury Mills, NY 12577 (914) 496-7682
 62nd, 331st AAA. Eurus Sutton, 411 Hickory Ct., Lansdale, PA 19446 (215) 368-7196
 68th CA, 2nd Bn., 895th AAA Bn. WWII. Stewart Campbell, 17 Old Marlboro Rd., Maynard, MA 01754 (617) 897-2605
 76th CA AA WWII. William Holley, 5917 Leewood Ave., Catonsville, MD 21223 (301) 747-8222
 104th Gen. Hosp. (Eng.-WWII). Norman Jacobson, 6901 Indian Creek Dr., Miami Beach, FL 33141
 107th Gen. Hosp., Rhodes Gen. Hosp. Robert Long, 12 Vernon Dr., Cortland, NY 13045
 179th Gen. Hosp. (France-1944). Esther Lund, 118 Hazel Ave., Story City, IA 50248
 194th Gen. Hosp. Glenn Wagner, 1013 High View Dr., Palm Harbor, FL 33563
 204th Hosp. Ship Acadia. Rudy Mihoces, 269 Bost Dr., W. Milflin, PA 15122
 264th MP Co./Detach. 1. Frank Benner, 523 Vine St., Perkasie, PA 18944 (215) 257-2450
 318th Gen. Hosp. WWII, 8076th Mbl. Surg. Hosp. (1950-51). Dwight Davis, Rt. 3, Box 162, Trumansburg, NY 14886 (607) 387-9700
 417th MPEG Co. (Ft. Custer-Feb-Apr-1943). Bob Hibsich, 4933 1st Pky., Sacramento, CA 95823 (916) 422-7037
 607th QM GR Co. WWII. John Little, Box 63, Kingston, AR 72742
 781st Ord. Co. (LM), 81st Div. Jim Gardner, 8928 S. Elm, Fresno, CA 93706
 821st Engr. AVN Bn. WWII. John White, Box 1410, Ballwin, MO 63011 (314) 458-2248
 845th Engr. AVN Bn. WWII. Woodrow Nichols, 11538 Elam Cir., Balch Springs, TX 75180
 965th Engr. Maint. Co., 1st Plt. WWII. Ray Genley, 2620 3rd St., Monroeville, PA 15146 (412) 829-2378
 979th Signal Mtr. Messenger Co. James Mullen, 933 N. Washington St., Delphos, OH 45833
 1652nd E.U.D. (Kongstein, Germany-1947-48). Joe Craig, 1509 Woodley Ave., Terre Haute, IN 47804
 1758th Engr. Base Dpt. Co. (Granite City-1945). Robert Yale, 107 Stedman St., Sayre, PA 18840
 "A" Btry., 63rd CA AA (Seattle-WWII). Glenn Toliver, Box 504, Manteca, CA 95336 (209) 823-6097
 "A" Co., Hq, 1st Bn., 29th Inf. Regt. (1941-45). Arthur Bassman, 9591 S.W. 52nd Terr., Miami, FL 33165
 "A" Co., 10th Inf. Regt., 5th Inf. Div. Gene Highsmith, Rt.

- 1, Box 148A, Piercetown, IN 46562 (219) 594-5140
 "A" Co., 6th Bn., 1st Rpl. Dpt., 385th. (Italy-Africa). John Blake, 9311 Winced Rd. N.E., Newark, OH 43055
 "B" Btry., 400th AAA AW Bn. Edward Rau, 1025 Prune Ct., Sunnyvale, CA 94087
 "B" Btry., 518th AAA Gun Bn. Noah Cantrell, 2917 Meadowlark Dr., Sierra Vista, AZ 85635 (602) 458-3864
 "B" Btry., 603rd AAA (Inglewood, CA-1944). Frederick Youngs, Rt. 2, Marathon, NY 13803
 "B" Co., 64th Inf. Trn. Bn. (Camp Wolters-Jul-Nov-1944). George Bunnell, M.R. 1, Barre, VT 05641 (802) 229-9260
 "B" Co., 70th Engr. Bn., (Ft. Bragg-1951), 442nd Engr. Dpt. Co. (Ft. Snelling-1943). John Smith, 116 Larch Rd., Sayre, PA 18840 (717) 888-0910
 "B" Co., 798th MP Bn. WWII. Stan Cieplinski, 47 Bartholf Rd., Rochester, NY 14616
 "C" Btry., 240th FA Bn. WWII. Joe Afatato, 53-71 65th Pl., Maspeth, NY 11378 (718) 899-4147
 "C" Btry., 743rd AAA Gun Bn. WWII. George Lippert, 12801 Spaulding Pz., 13, Omaha, NE 68164 (402) 493-3043
 "C" Co., 29th Inf. Regt. (1945). Gilbert Radovich, 221 River Bend Rd., Covington, LA 70433 (504) 892-0581
 "D" Btry., 21st AAA AW Bn. (Sp.) (Ft. Bliss, Korea-1949-51). Ray Moore, 14 E. Grant, Henderson, KY 42420 (502) 827-0358
 "D" Btry., 438th AAA AW Bn. WWII. Richard Standish, 4 Lillian Dr., Binghamton, NY 13903 (607) 723-1868
 "D" Btry., 543rd AAA Bn. Bob Jackson, 12 Powellton Ave., Berlin, MD 21811 (301) 641-1272
 "D" Btry., 743rd AAA Gun Bn. John Thompson, 1790 Lisa Dr., Indiana, PA 15701 (412) 349-8895
 "D" Co., 2/35 Inf. 4th Inf. Div. (Vietnam-1968-70). L.W. Johnson, 320 N. Clay, Clay Center, NE 68933 (402) 762-3290
 "F" Co., 50th Engr. (C). "C" Co., 205th Engr. Bn. Robert McKay, 2101 Sunset Pt. Rd., #1402, Clearwater, FL 33575 (813) 443-1791
 HQ, "E, F, G, H" Cos., 135th Inf. Regt., 2nd Bn. WWII. Don Oliphant, 1204 19th Ave. N.E., Rochester, MN 55904 (507) 289-3282
 HQ Btry., 74th CAAA (N. Africa-Sardinia). Don Riggs, 37 Henry St., N. Vernon, IN 47265
 HQ & HQ Btry., 384th F.A. Bn., 103rd Inf. Div. WWII. Jack Dedolph, 219 Park Ln., Clintonville, WI 54929 (715) 823-3444
 HQ Btry., 2273rd HAAAC (Ft. Shafter-1943-46). Kenneth Anderson, Morning Sun, IA 52640 (319) 868-7531
 HQ & HQ Co., Recon. Pltn., 4/23 Mech., 25th Inf. Div. (Vietnam-1968-69). John Kloiber, Rt. 1, Box 151B, Jackson, NJ 08527
 HQ Co., 1st Bn., 26th Inf. (Recon), 1st Inf. Div. (Vietnam-1969). Rich Lepri, Box 884, Derby, CT 06418
 HQ Co., 20th Tank Bn., 20th Arm'd Div. Al Ortiz, 301 S. Emporia, Wichita, KS 67202
 HQ & HQ Co., 24th Engr. (Korea). J.R. Smith, Box 949, Frederick, OK 73542 (405) 335-3852
 HQ & HQ Co., Panama Mbl. Force (1941-42). W.C. White, 4313 Country Club Dr., Wilson, NC 27893
 "I" Co., 508th Parachute Regt. (Frankfort-Bad Homburg-1945-46). Richard Elliott, Rt. 1, Box 76, Eagleville, MO 64442 (816) 867-5292
 "M" Co., 14th Inf. (Ft. Davis-1935-37). Samuel South, 4112 W. Johnson Cir., Chamblee, GA 30341 (404) 458-4012
 Engr. Util. & Maint. Detach. (APO 859, NY-Greenland-WWII Blue West 8). Thomas Scully, 1550 Russell Dr. No., St. Petersburg, FL 33710 (813) 347-5799
 G-2 Sect., 503rd Mil. Intell. Detach., 3rd Arm'd Div. HQ (W. Germany-1960-63). G.M. Rogers, 2500 S. York St., Apt. A2, Denver, CO 80210
 Northwest Serv. Command (Whitehorse, YT/Edmonton, Alberta). Ernest Knapp, 10334 Bellefontaine Rd., St. Louis, MO 63137 (314) 867-0733
 Prov. Guard Detach., 35th Ord. Grp., 24th Corps (Korea-1946-48). Noah Joyner, Rt. 2, Box 716, Littleton, NC 27850 (919) 583-6841
 Spec. Trps. WAC Co. (Ft. Hood-1961-62), 82nd HQ Personnel (Orleans-France-1962-63) Patricia Wattles, 22 1/2 Union St., Somersworth, NH 03878 (603) 692-2449
 Station Hospital (Ft. Leonard Wood-1941-42). Charles Sand Sr., 3321 Breakwater Pl., Columbus, NE 68601 (402) 564-6792
 Western Signal Corps. Repl. Trn. Ctr. Band, Spc. Serv., HQ Co. (Camp Kohler). Forrest Hosier, Box 36, Aurora, NE 68818

Navy

- 105th NCB WWII (New Guinea, Philippines). Rev. F.G. Goslin, Box 308, Napanoch, NY 12458
 134th CB Bn. Lloyd Wymore, 908 12th Ave., Nebraska City, NE 68410 (402) 873-5007

135th Seabees (Camp Perry-Okinawa). Jack Pilkington, Box 176, Riverside, AL 35135 (205) 884-4867

Acorn 51 (Camp Bedilion, Port Huememe, Camp Mugu, Cebu). C.R. Radosevich, 4109 N. 54th St., Omaha, NE 68104 (402) 276-7693

Ftr. Sq. 174, Air Grp. 17 (NAS Jacksonville-1949-53). Steven Dato, 6605 Blvd. East., West New York, NJ 07093

Lion VIII (Port Director Unit-Okinawa-Apr. 1945). Warren Garner, 3910 Twilight Ave., Enid, OK 73703

MCB #1 Seabees (1952-56) Sam Oxley, Rt. 2, 557, Jasper, IN 47546 (812) 482-6076

N.A.A.S. Oceana, VA (Ship Co.-1943-45). Roy McQuestion, 5545 Netherland Ave., Bronx, NY 10471

Pacific Fleet Camera Party (Cdr. Serv. Forces). Gordon Garde, 204 6th St., Brodhead, WI 53520

Torpedo Sq. 153 WWII. Joseph Harrell Jr., 625 Broadman Rd., Aiken, SC 29802 (803) 648-5010

Torpedo Sq. 8 (1941-42). Lee Marona, Box 35845, Phoenix, AZ 85069

USN Softball Team (Kodiak-1942). H.B. Hale, Sterling City Rt. Box 157F, Big Spring, TX 79720 (915) 267-6957

USN Spec. Aug. Hosp. 8 (Okinawa). Clarence Rhines, 215 Main St., O'Fallon, IL 62269

USN Trn. Sta., Co. 274 (Sampson-Mar-1944). William Russell, 3916 Idumea Rd., Corryton, TN 37721 (615) 933-0031

VAH 1, NAS Sanford (1957-64). Wayne Giese, Box 237, Walnut Grove, MN 56180

VP 101 Perth (Australia-1942-44), Sqdns. 21 & 23. Larry Katz, Box 145, Blytheville, AR 72315

VPB 101 WWII. Jack Austin, Rt. 1, Box 130E1, Summerdale, AL 36580 (205) 989-2243

USS Alaska CB 1. Charles St. George, 25 Leon Pl., Fredonia, NY 14063

USS ARD 7. Lynn Coulter, 9766 Co. Rd. 40, Galion, OH 44833

USS Harry F. Bauer DM 26. John Barber, 416 Darlene Ave., Linthicum Hts., MD 21090 (301) 859-3050

USS Buckley DE 51. John Farrell, 24 Krug Ct., Loudonville, NY 12211

USS Cahulla ATF 152. Ray Beduhn, 6371 Grosvenor, Sand Lake, MI 49343 (616) 636-8717

USS Cape Gloucester CVE 109. Arnold Olsen, Silver Bow City, Courthouse, Butte, MT 59701

USS Cleveland, 1 Div. WWII. Sam Cagle, 3633 23rd Ave., Forest Grove, OR 97116 (503) 357-9855

USS Colorado BB 45. Donald Ross, Rt. 2, Box 308, Richmond, MN 56368

USS Conway DD 507. Richard Lucas, 558 Shirley Ave., Hayward, CA 94541 (415) 278-0302

USS Diamond Head AE 19 (Korea-1950-54). Daniel Pautz, 20 Washington Ave., Ellenville, NY 12428

USS Decker DE 47. Donald Osborne, 213 Vernon Ave., Glen Burnie, MD 21061 (301) 766-6382

USS Estes AGC 12, C Div. WWII. Noah Joyner, Rt. 2, Box 716, Littleton, CO 27850 (919) 583-6841

USS Paul Hamilton DD 590. John Frost, 1183 Glen Ave., Marseilles, IL 61341

USS Hanson DDR 832 (1948-49). D.R. Willis, 1279 Owens Rd. W., Marion, OH 43302

USS Kasaan Bay CVE 69. L.O. Kantorik, R 253 E. Main St., Mt. Pleasant, PA 15666 (412) 547-3436

USS Kwajalein CVE. Frank Carlson, Rt. 2, Box 34, Warsaw, IL 62379 (217) 256-3610

USS Lawrence DDG 4. Thomas Hollis, Box 568, Monroe, LA 71210

USS LCI (L) 331/ Flotilla 5 (Solomon Islands), USS Leyte CV 32. Bob Rosenberg, 146 Park Rd., Pittsford, NY 14534

USS LCI (L) 495. Paul Ulrich, 14 Hummel Ave., Camp Hill, PA 17011

USS LSM 134, LSM 54. Charles Tucker, 4526 W. Knollwood, Tampa, FL 33614 (813) 884-6845

USS LST 51 (Pacific-WWII). William Gerard, 186 Gerard Rd., Medusa, NY 12120

USS LST 246. James Suggs, 110 E. Broad St., Dunn, NC 28334

USS LST 306, 494. E.D. Brown, 108 Moser St., Aston, PA 19014

USS LST 532. John Potter, 3910 St. Rt. 13, N.E., New Lexington, OH 43764

USS LST 602. Robert Crow, Rt. 1, Box 126, Braman, OK 74632

USS LST 662 WWII. Bill MacArthur, 10 Pond Path, Oswego, NY 13126 (315) 343-1985

USS LST 907. Dan Jones, 4324 Woodland Ave., Duluth, MN 55803 (218) 724-0614

USS Mannert L. Abele. Deno Pisaneschi, 422 Dippold Ave., St. Marys, PA 15857

USS Mansfield DD 728 (1944-74). Ted Dworkowski, 1113 Tall Pines Dr. Westminster, MD 21157

USS Montrose APA 212 (1951-55). Jay Locy, 907 Hartford, Norton, KS 67654

USS Niagara APA 87 WWII. Russell Anderson Sr., 14003 Old Station Rd., Apt. 215, Louisville, KY 40223

USS Norris DD 859. Bill Evans, 114 E. Carey St., Plains,

PA 18705 (717) 823-1576

USS S.C. 1339. Joe Polencheck, 1359 Skillman Ave. E., No. St. Paul, MN 55109

USS Schley APD 14 WWII. William Knudsen, Lewis & Clark Law Sch., 1001 S.W. Terwilliger Blvd. Portland, OR 97219 (503) 246-3435

USS Tucson CLAA 98. M.M. Lalande, Box 51661, Lafayette, LA 70505 (318) 232-2200

USS Uvalde AKA 88 (1944-46). James Cunningham, 1909 Tipton Terr., Columbia, MO 65203

USS Vesole DD 878 (1945-46), USS YD 147 (1943-45). Ralph Krafnick, Rt. 7, St. Cloud, MN 56301 (612) 252-4075

Air Force

11th Repl. Bn. & Co. S (Australia-Japan-1942-46). Ralph George, 3216 Major Ave. No., Minneapolis, MN 55422 (612) 588-4798

20th Air Force (Guam-1943-45). Isadore Katov, 8701 N. Avers, Skokie, IL 60076

36th Dpt. Rep. Sq. (1942-45). George Keeney, 1384 Briarwood, Abilene, TX 79603

515th, 580th SAW (Fl. Shatner). Richard Henderson, 22230 N. Black Canyon 75, Phoenix, AZ 85027

Medical Sect. (Billings Gen. Hosp. IN-1942-47). Richard Huddleston, 210 N.W. River St., Milton, IN 47857 (317) 478-4040

Selman Air Field. Barbara Brown, 1333 State Farm Dr., Monroe LA 71202 (318) 387-5691

Army Air Forces

4th Tow Target Sq. (Biggs Field). W.F. Radcliffe, 200 Lake Mirror Dr., Lake Placid, FL 33852 (813) 465-5598

11th Ftr. Sq. (Adak, Shemya, Aleutians-1943-46). Jim Dallesandro, 177 Florida Ave., Amsterdam, NY 12010 (518) 842-4834

101st AACs, 78th AAF Base, Code Room Personnel (Hamilton Field-1944-45). Sam Burt, 108 Breeze Hill Ln., Canton, GA 30114 (404) 479-3945

455th BS, 423rd BG, 9th AF H.P. Souther, Rt. 3, Box 246, Brevard, NC 28712 (704) 883-8478

616th Tech. Sch. Sq. & Cos. (Jefferson Barracks-1942). Ralph George, 3216 Major Ave. No., Minneapolis, MN 55422 (612) 588-4798

781st Bomb Sq. (H), 465th Bomb Grp. WWII. James Althoff, 2 Mt. Vernon Ln., Atherton, CA 94025 (415) 325-8356

891st Air Engr. Sq. (Berlin-1945). Sam Dapolito, 112 S. Hilltop Rd., Brandon, FL 33511 (813) 618-7718

1968th AACs Sq. (Germany, Berlin Airlift-1948-52). David Jessing, 18 S. Dewberry Ln., Rochester, NH 03867 (603) 332-2729

Hq & Hq Co., Sq. A, 2117th AAF Base Unit (Buckingham 1943-45). Andrew Pecora, 2312 Olympia St., McKeesport, PA 15132

USAF Safe Side Units (Phan Rang, Vietnam-1967-70), 82nd CSP Wg., 821st, 822nd, 823rd, 1041st Sqdns. Carey Stark, 7601 E. Toronto St., Tucson, AZ 85730 (602) 747-0734

Marines

MWSS 3, 3rd MAW (1952). Hal Thompson, Box 381, West Unity, OH 43570

USMC Dpt. Platoon 740 (1942). Mike Markovich, 5528 Holiday Rd., Minnetonka, MN 55343

VMF 115 (1951-52). F.S. Murphy, 2008 Baltimore Rd., Rockville, MD 20851

VMF 214 (Baa Baa Black Sheep Sq.). Ralph Burdick, 206 Runnymede Ave., Jenkintown, PA 19046

"A" Co., 3rd Tank Bn., 3rd Div. (1965-66). F.J. Wedemann, 1610 Carlson Ln., Redondo Beach, CA 90278

"B" Btry., 1st Bn., 11th Marines, 1st Mar. Div. (Okinawa). Wallace Barlow, 113 Race St., Sugar Grove, PA 16350

"D" Co., 2nd Bn., Plat. 267, (P.I.-Baltimore Orioles Plt.). Mike Baudrau, 5317 Trans Mt. Rd., #73 I, El Paso, TX 79924 (915) 751-7404

Coast Guard

LCI (L) 83 thru 96 ETO. Ralph Gault, 14733 Clark, Dolton, IL 60419

USL Gen. W.P. Richardson AP 118 WWII. H.D. Smith, Rt. 1, Box 168, White Post, VA 22663 (703) 837-1483

COMRADES IN DISTRESS

Readers who can help these veterans are urged to do so. Usually an eyewitness statement is needed in support of a VA claim.

Notices are run only at the request of American Legion Service Officers representing claimants, using Search for Witness Forms available only from State Legion Service Officers. Please contact CID (number), The American Legion Magazine, P.O. Box 1055, Indianapolis, IN 46206

Unit B-52. Dennis E. Reed is seeking witnesses to verify a claim that while stationed at Fort Dix, NJ in Jan. 1970, he injured his back while on duty. Contact CID 1015

Recon. Co., Hq. Bn. 3rd Mar. Div. James F. Rusher needs witnesses to verify a claim that while stationed at Camp LeJeune, NC in Aug. 1953, he suffered from extremely high temperature. Contact CID 1016

728th MP Co., Co. B. John W. Baranski is seeking witnesses to verify a claim that while stationed at Yong Dong Po, Korea in Jan. to Mar. 1958, he reported to the hospital with freezing legs and toes and in late 1958-early 1959, he suffered pneumonia. Contact CID 1017

USS Bountiful. William H. Kendall needs witnesses to verify a claim that while aboard ship in 1944-1945, he suffered from pyorrhea and had dental surgery and extractions. Contact CID 1018

282nd Port Co. 507th Port Bn. Carl T. Law is seeking witnesses to verify a claim that while stationed at Camp Sea Mills, England in 1943, his back was injured when a telephone pole fell. He also was treated for a heart condition in 1944-45 in Shelburne, France. Contact CID 1019

Ohio Institute of Aeronautics. Fred Kukla needs witnesses to verify a claim that while stationed at Ohio Institute of Aeronautics in Mar/Apr 1943, he was struck in the neck by a piece of steel thrown from a machine. Contact CID 1020

Detach. Service. Stanley J. Matuszak needs witnesses to verify a claim that while stationed at Christmas Island in 1942, he suffered a concussion from a "155" explosion that was caused by overheated powder in chamber. Contact CID 1021

9th Trans. Sq. Richard E. Larowe needs witnesses to verify a claim that while stationed at MHAFB, ID and Guam in Oct. 1957, he was harassed by the doctor at the dispensary. Contact CID 1022

LIFE MEMBERSHIPS

The award of a life membership to a Legionnaire by a post is a testimonial by those who know best that such a member has served The American Legion well.

Below are listed some of the previously unlisted life membership post awards that have been reported to The American Legion Magazine.

Walter L. Myers (1985), Post 520, Sun Valley, CA
Edward W. Burr, Stuart H. Dudley (1986), Post 184, Durham, CT

Jon K. Hambly, Walter J. Palmer, Charles P. Rivers Sr. (1985), Post 24, W. Bradenton, FL

William A. Bader, Leighton L. Baker, Joseph D. Lazio, William A. LeHeup (1985), Post 41, Eustis, FL

TAPS

Taps Notices mention, whenever possible, those Legionnaires who have held high national or department office in the Legion or the U.S. government, or who have attained other forms of national prominence.

Dean K. Phillips, CO Veterans Rights Advocate (1970-85).

William C. Doyle, National Commander (1968-69), NJ Department Commander (1952-53).

Dr. Arthur E. Gunderson, WA Department Commander (1968-69), Department Vice Commander (1967-68).

Paul A. Chinn, KY Department Commander (1964-65), Department Vice Commander (1962-63).

C. Alvin Hoffman, Mexico Alternate National Executive Committeeman (1973-74).

Howard D. Beeker, FL Department Vice Commander (1975-76).

Richard Krug, IA Department Vice Commander (1982-83).

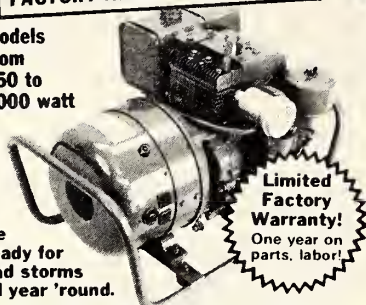
Gerald R. Gower, OR Paris Caucus, American Legion Founders Society.

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POSTAL INCREASE—Legion posts and departments using the mail to communicate with members may see a significant drop in mailroom business if legislation passes to eliminate the postal subsidy for nonprofit organizations.

LEGISLATION

Continued from page 33

House and Senate versions of H.R. 3036, the Treasury/Postal Service appropriations bill for fiscal year 1986. Each version had funding, but at differing levels. The Senate version contained sufficient funding to keep rates current through Jan. 1, 1986, when rates would increase significantly, the amount dependent upon levels of mail sortation. By contrast, the House version contained funds to maintain current rates through Sept. 30, 1986, the end of FY '86.

The American Legion has consistently led the way in fighting curtailment of Revenue Foregone subsidies. Perhaps the final losers in this battle will be the post, department and national newsletters and magazines that alert Legionnaires to community-based charitable activities. A drastic increase in postage rates would cause many of those publications to cut back on the size or frequency of their publication, or, perhaps, cease publication altogether.

Congress' sensitivity to the plight of non-profit mailers is evident in the inclusion of funding in the two versions of H.R. 3036.

Immigration Reform

Several members of Congress in recent years have introduced legislation to stem the flow of uncontrolled, illegal immigration into this country.

This year, Sen. Alan Simpson has again placed a proposed immigration

reform plan before the Senate. Less comprehensive than last year's bill, the three major provisions of this year's measure are: Civil penalties will be imposed upon employers who hire illegal aliens; employers will be required to verify documents a prospective employee presents as proof of citizenship or legal residency; and, once a presidential commission has determined that the employer sanctions are functioning effectively, a national amnesty for all illegals residing in this country since 1980 will go into effect.

The Senate passed Simpson's bill, S. 1200, on September 19. A House-introduced version, H.R. 3080, is still undergoing hearings in the House Judiciary Committee. Though similar to S. 1200, H.R. 3080 would declare an immediate amnesty upon enactment of the bill for all illegals who have lived in this country since at least 1982.

The bills' supporters have stated that the employer sanctions, coupled with the amnesty provision, will help the U.S. regain control of its borders. However, many groups, including The American Legion, feel that amnesty in any form is unacceptable and sets a dangerous precedent. The so-called legalization of those persons guilty of illegally entering the country will only encourage more waves of illegal immigrants to enter, hoping for a future amnesty, thereby rewarding illegals for their criminal behavior. In addition, neither bill makes any provision for a permanent system of tamperproof identification verification, a provision which is vital to the success of employer sanctions. The Legion also has urged Congress to enact an annual ceiling on all immigrants entering the country, including relatives and refugees who are not currently counted. □

MORAL MAN

Continued from page 17

threat facing our country and must recommend proper responses to meet that threat. Our fellow Americans in all walks of life should know we take our responsibilities in this area very seriously.

The Vatican II Council observed: "All those who enter the military service in loyalty to their country should look upon themselves as custodians of the security and freedom of their fellow countrymen . . . When they carry out their duty properly, they are contributing to the maintenance of peace."

That Vatican II statement leads me to my final point. The responsibility of the Chief of Naval Operations is awesome. Few have greater or more difficult responsibility. As a God-fearing man, I find that responsibility very humbling. I think about it every day.

I think also about the half-million fine young active-duty men and women who wear the Navy uniform in the service of our country. I think about their families and loved ones and the many other people who are touched by their lives. I think about our Reservists, who selflessly give so much of themselves and their personal time. I think about the safety of our ships and aircraft—for their safety is tied directly to that of our sailors and airmen. I think about our arsenal of weapons. I think about what the world would be like if we did not have those weapons to deter war and to preserve the peace and freedom we enjoy.

Those weapons, terrible and terrifying as they might be if used for the wrong purposes exist because the threat exists. That is the reality with which I must deal. It is my responsibility to deal with it in a world in which good and evil also both exist—a world where my options are anything but clear. I may not always be happy or comfortable with the usually limited options available to me, but I do have the responsibility for choosing between those options, and I must make those choices as a moral man.

Where will we go for answers to the ethical problems we face? Just as important, what kind of example will we set when others around us look for special guidance in sorting out problems?

I pray every day for our nation, world peace, the men and women who serve under me—and always for the understanding, courage and wisdom to do in my job what I must do as a moral man.

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INTERVIEW

Continued from page 15

We contribute something between 25 percent to 27 percent of the U.N. budget, or \$1.75 billion a year. This year Japan will pass the Soviet Union, which gives 12 percent, as the second largest contributor.

Q. Would the U.S. be better off without the U.N.?

A. I don't think so. The U.N. is a place where a lot of steam is let off.

Q. Is the United States losing the war to win over the Third World?

A. No, I think the current is moving in our favor for the first time in a long time. Take a case like Ethiopia—a communist country which habitually denounces the United States in extremely violent terms. Ethiopia is going through a famine and needs tremendous amounts of food. The United States is providing as much food to the starving people of that country as the rest of the world put together. Now that's a pretty clear example for people. And what is the Soviet Union contributing to Ethiopia? Tanks. It's very difficult to eat a tank when you're hungry.

Q. Is our foreign aid an effective weapon in this war?

A. I think it is, but I would like to see it even more closely tied to our relationship with the countries and how they vote and how they treat us in the U.N. I mean not just vote, but whether they lobby against us—whether they do various things together. We have no obligation to help anybody, other than the ordinary human one, and certainly we should give priority to helping those who share our values.

Q. Is it possible that our foreign aid simply breeds resentment and costs friends?

A. Well, we recovered Europe. I was there in the early days of the Marshall Plan and we faced a terrible situation. The Gross National Product of Western Europe, what is now the European Economic Community, was a sixth of ours. It is now larger than ours. And those countries are stable. There have been no coups or revolutions or anything else in Western Europe, with

the exception of Portugal, Turkey and Greece.

Q. How can we better shore up those shaky new governments that are trying to honor democratic institutions and support U.S. goals?

A. The best way is by showing that the United States is a resolute nation. This brings me to Central America, where the key issue is much more than Soviet bases in Nicaragua or Cuban advisers. Since the signature of the NATO Treaty, the main objective of Soviet foreign policy has been to divide the United States from its allies by showing them that the United States is not a reliable protector. How do you do that? You point to Vietnam, where we bugged out. You point to Cambodia, where we bugged out—resulting in the greatest holocaust per capita in the history of the world. You point to Laos; you point to the Shah; you point to Haile Selassie. If it can be proved that the United States is incapable of preventing the establishment of a branch of the Soviet Union on the continent of America, in the center of that continent, will not some of our allies begin to wonder whether the time has not come to accommodate the Soviet Union or else, or worse, develop their own nuclear capabilities as a guarantee? I don't think anybody wants to live in a world with 35 nuclear powers. *That* is what is at stake in Central America.

Q. Is there any possibility of using the U.N. to deal with the scourge of international terrorism?

A. Yes, but I think we can use it to exhort on the issue, but I'm not sure we can use it in a direct fashion since the question of terrorism touches so closely the police authority and sovereignty of most countries, and most countries are simply not prepared to delegate that. But we can use it in the sense of making people aware of what a criminal and dastardly act this is.

Q. What could the United States do?

A. The best way to handle terrorists is to infiltrate them and find out what they're doing. However, they know our society and the way we are, so when they suspect someone is a possible American agent, they ask him to commit a crime. No one can authorize you to commit a crime, that's a pretty effective filter. Nor can an American tell a foreigner to do it, which is a pretty effective filter against infiltration by our

intelligence service. So, in many ways our hands are tied.

The best path is the exchange of information with our friends, adding to our capability at the top of intelligence and finding out what terrorists are doing. And we have to have forces that are capable of speedy intervention. Americans have an extraordinarily culpable view of themselves, which is curious, considering that we're the only nation in history that has ever financed our enemies back into competition with us, along with our friends. General de Gaulle once said that the puritanism of the Americans didn't prevent them from sinning, it simply prevented them from enjoying their sins.

So terrorists use our values to strike at us. One or two cases where we deal firmly with this sort of thing would have a rather exemplary effect. You will notice that terrorism never seems to strike the Soviet Union or its allies. Now this may be a coincidence, but if it is a coincidence, it's like rolling the dice and getting six 10 times.

Q. How are we doing in offsetting the Soviet Union's growing military power and its use of this in promoting diplomacy by intimidation?

A. When the current administration came to power, the Soviet Union

SHARING VALUES—"Certainly we should give priority to helping those who share our values."



had, for something like 15 years, been spending twice as much as we had on arms out of a Gross National Product less than half of ours. The administration, therefore, found itself facing an extraordinary imbalance and set about restoring it. I think we're in infinitely better condition today than we were four years ago in that respect, although, as you know, everytime there's any question of cutting the budget, many want to cut it out of defense. They've forgotten the old American position: Millions for defense, not a penny for tribute.

We also have one great fundamental advantage and that is our technology. I have said in the past and I repeat it now, when people say "How will you expect to compensate for the overwhelming Soviet superiority in number of tanks or airplanes or anything else," I reply: "First of all, in the quality and training of our people and, secondly, we will continue to rely on the creative genius of a free society to give us the technical means to keep that society free." Thus far, it has.

Q. What are the most important goals you would like to achieve as our ambassador to the U.N.?

A. I would like to break up those unnatural majorities of countries who fundamentally share our values and yet vote with the Soviet Union and with the modern tyrannies. It's my ambition there to turn that situation around and restore to the U.N. some of its original purpose to resolve conflicts and not to be a sounding board for propaganda.

I continue to remain an optimist because, as I look at history, I see that ever since man came out of the caves, the fundamental flow of human history has been in the direction of greater freedom and dignity for the individual man and woman. The Soviet Union, which is, after all, a medieval tyranny dressed up in modern clothes, is not going to escape from the inexorable laws of history. We have to remain patient and, above all, we have to remain strong. Lenin said, "probe with bayonets; if you find steel, probe somewhere else." We've got to make sure that wherever they probe, they find steel—steel in will and steel in strength.

I think the people who understand the kind of threats we're up against, who share our values, must stand up and be counted publicly more often and louder than they have in the past. We are the overwhelming majority. Let us make the world see that we are. □

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FOREIGN POLICY

Continued from page 21

bachev for more contacts, it is doubtful the Chinese communists will soon forget the humiliating treatment they received from his predecessors.

Politburo members may have been surprised that a president of the United States would travel to Moscow in 1972 and sign the first Strategic Arms Limitation Treaty (SALT), which led to almost a full decade of unilateral American disarmament. Although never ratified by the U.S. Senate, SALT II in 1979 has been adhered to by the two most recent American chief executives.

'AT LEAST 70 U.S. FLIERS HAVE BEEN KILLED BY SOVIET INTERCEPTORS.'

In the meantime, the Soviet Union continues to ignore not only both SALT agreements, but also the Anti-Ballistic Missile (ABM) treaty, the Biological and Toxin Weapons convention and the Threshold Test Ban treaty. Reagan reported to Congress in February 1985 that a total of 13 specific violations have been committed. At the same time, the White House announced that it would not undermine SALT II.

Kremlin leaders probably cannot understand why the American government allows them to maintain two or even three times the number of personnel at the Soviet missions in Washington, D.C., and San Francisco than the United States has in Moscow and Leningrad. These American installations also employ almost 200 Soviet citizens. The 474 Soviet U.N. "officials" have no restrictions on their travel throughout the United States.

Decision makers in Moscow certainly remember the statement attributed to Lenin that "When the time comes to hang the capitalist regimes, they will compete with each other to sell us the rope."

American companies built a truck plant for "civilian" use on the Kama

River, which produced vehicles for the invasion of Afghanistan; American-supplied navigation and electronic equipment tracks U.S. Navy submarines; American precision ball bearings aided in developing Soviet multiple independently targeted re-entry vehicles for strategic missiles; and the Soviet Union imports (primarily grain) some 90 percent more than it exports to the United States.

High-ranking government officials in Washington, D.C., certainly understand the Soviet Union.

In his first press conference, President Reagan made this fact very clear when he stated that "They (the Soviets) reserve unto themselves the right to commit any crime, to lie, to cheat, in order to obtain that which will further their cause." Two years later, during congressional testimony, Secretary of State Shultz summarized the Soviet Union's challenge as follows:

- The continuing Soviet quest for military superiority.
- The unconstructive Soviet involvement, direct and indirect, in unstable areas of the Third World.
- The unrelenting effort to impose an alien Soviet "model" on nominally independent Soviet clients and allies.
- Moscow's continuing practice of stretching a series of treaties and agreements to the brink and beyond.

There is more, of course. The deliberate murder of 269 civilians, when a USSR fighter pilot shot down a South Korean airliner over international waters on Sept. 1, 1983, is not an isolated case.

In the past three decades, at least 70 American fliers have been killed by Soviet interceptors during unpublicized attacks, at times almost 30 miles away from the territorial boundaries of the Soviet Union. The ambush murder on March 24, 1985, of U.S. Army Maj. Arthur D. Nicholson Jr., a member of the military liaison mission to Soviet armed forces in East Germany, belongs to the same category of ruthless killing. He bled to death over a one-hour period; his driver not being permitted to render first aid.

The basic purpose of all such actions is to denigrate the United States, which is constantly portrayed by Soviet propaganda as the enemy of mankind. Russian language publications call America the main enemy, *glavnyi vrag*.

If the Kremlin can convince most of the non-communist-ruled world that succeeding administrations in Washington, D.C., have neither the will nor the military power to defend themselves, that capitalism is headed for the ash heap of history, then accommodation by our West European allies with the USSR will become only a matter of time. □

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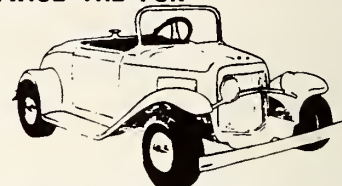
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THE CARE AND FEEDING OF THE HEART

By Edward Edelson

THIS article is about a disease called atherosclerosis. You should read it carefully, because it's your disease.

If you're the typical reader of this magazine—a middle-aged male American—you're the number one target of a continuing

nationwide campaign to keep people from dying of heart attacks by preventing atherosclerosis. The campaign has been working fine so far: The death rate from heart attacks among persons aged 35 to 74 fell by more than 30 percent in less than two decades. But 550,000 Americans will still die of heart attacks this year. Many of them will be women and—much more often—men in what should be their most productive years.

Atherosclerosis is responsible for most of those heart attacks. It's a condition in which fatty deposits build up in the arteries, gradually becoming thicker and harder, until they choke off blood flow. A heart attack occurs when these atherosclerotic deposits block one of the arteries that feeds the heart muscle. Deprived of oxygen, part of the muscle dies. If the part is big enough, the patient dies, too.

Over the past 30 years, research has given heart experts a pretty good idea of the risk factors behind atherosclerosis. Some of that research has been done in the laboratory, but a lot of it has been done in real life—for example, the Framingham Study, in which more than 5,000 residents of a Massachusetts town have been carefully followed for more than three decades. By keeping track of

Edward Edelson is science editor for the New York Daily News and has won numerous writing awards from national health associations.

In the coming year, 550,000 Americans will die of heart attacks. You can reduce your risks by avoiding atherosclerosis, our number one enemy of the heart.

some basic physical factors, the people who run the Framingham study have built up a set of relationships between given factors and the risk of death from heart attacks.

The effort to save lives isn't very fancy. It is Vince Lombardi football: Figure out what works, then do it again and again. In the case of atherosclerosis, the winning strategy concentrates on the known risk factors.

"Some risk factors cannot be changed, such as age, sex and genetics," said Dr. Antonio M. Gotto of Methodist Hospital in Houston. The risk of a heart attack goes up with age for both sexes, is greater for middle-aged men (although women catch up later) and can be inherited to some extent, he explained. But there are three big risk factors that can be reduced in most people.

THE three major risk factors that have been identified for many years are cholesterol in the blood, the level of blood pressure and cigarette smoking," said Dr. Basil M. Rifkind of the National Heart, Lung and Blood Institute. While all three are important, Rifkind said, blood cholesterol appears to play the most central role in atherosclerosis.

"Japanese smoke a lot and have high blood pressure, but they have low levels of cholesterol," Rifkind said, "They have a lot of strokes, presumably because they

are related to blood pressure, but they don't suffer many heart attacks."

More evidence comes from a genetic disease called familial hypercholesterolemia, in which blood levels of cholesterol build to extreme levels. Some children with that disease have heart attacks before they reach their teens, even though they have normal blood pressure and don't smoke, he said.

Still more evidence comes from what's been happening in the United States. Since the 1960s, the blood cholesterol level of the average middle-aged American man has dropped from about 240 milligrams per cubic centimeter to about 210 milligrams. If you compare heart attack deaths rates for the two eras, you get a 2 percent drop in deaths for every 1 percent drop in blood cholesterol level.

But the cholesterol-atherosclerosis link has been hotly controversial, in part because it infringes on two favorite American food habits: consuming lots of dairy products and eating lots of red meat. The specific link that has been questioned most is the one between cholesterol in the diet and cholesterol in the blood. Critics pointed out that cholesterol is an essential body chemical that is mass-produced in the liver. The cholesterol we get from food is insignificant compared to the amount synthesized by the body, the critics said.

While the controversy still simmers, most cardiologists now believe that the



ENEMIES OF THE HEART—Medical science has proven that while obesity and smoking are bad for the heart, a cholesterol-rich diet is the most serious threat.

If you keep your eye on the three big risk factors, most things fall into place, the experts say. For example, overweight seems to accelerate atherosclerosis because it raises blood pressure and cholesterol levels. Weight loss helps because it brings down two of the three risk factors.

THE helpful effect of exercise can be explained in part because it strengthens the heart muscle and in part by a closer biochemical look at cholesterol in the body. When it travels in the blood, cholesterol is wrapped in molecules called lipoproteins. One kind, called HDL (for high-density lipoprotein) is good because it helps flush cholesterol out of the body. But LDL, low-density lipoprotein, helps deposit cholesterol in artery walls. Exercise helps by raising HDL levels and lowering LDL levels, studies have shown.

Lipoproteins also seem to be involved in a protective factor that most cardiologists prefer to circle around warily: alcohol. It's now been well-proven that a drink or two a day is good for the heart, but the experts feel that this information has to be handled with care. The reason is that excessive consumption of alcohol can cause not only heart disease, but also a variety of other destructive conditions.

A study at Stanford University's Center for Research in Disease Prevention showed that alcohol apparently raises blood levels of protective lipoproteins. Dr. Stephen Fortmann, associate director of the center, said he won't recommend that a teetotaler start drinking "because there are so many health problems related to alcohol.

"But if you have one or two drinks a day, with no work problems and no driving problems, I wouldn't tell you to quit," Fortmann said.

"I think the American population is getting the message," Gotto said. "The diet and health habits of the country are changing. All of these are very good signs.

"By the end of this century we have the possibility of reducing, if not eliminating, cardiovascular disease as a major threat to our society," Gotto said. "We can do to heart disease what we have done to tuberculosis." □

THIS ARTICLE CONTAINS GENERAL MEDICAL INFORMATION AND ADVICE. ALTHOUGH THE INFORMATION IS BELIEVED TO BE ACCURATE, YOU SHOULD CONSULT YOUR PHYSICIAN FOR MEDICAL ADVICE CONCERNING YOUR PARTICULAR CONDITION.

link between dietary cholesterol and atherosclerosis has been just about proved. Probably the key bit of evidence came from a \$150-million, 10-year study of more than 3,000 men, half of whom took a drug to reduce blood cholesterol. The study's results, announced in 1984, were familiar: a 2 percent drop in deaths for every 1 percent drop in blood cholesterol.

Experts at a consensus meeting sponsored by the National Institutes of Health in 1985 recommended that most Americans should reduce the amount of fats in the diet to 30 percent of calories (from the present level of about 40 percent), by substituting fish and poultry for red meat whenever possible and by switching away from high-cholesterol foods. Americans with high blood cholesterol levels (anything above 220 for someone in the 20s and 260 for anyone over 40) should cut back fat and cholesterol levels even further, the experts said, and should take a cholesterol-lowering drug, under doctor's supervision, if that doesn't work.

But the other risk factors shouldn't be ignored, Rifkind said. "Blood pressure perhaps plays some role in driving cholesterol into artery walls," he said.

"I think the American population is getting the message. The diet and health habits of the country are changing. These are good signs."

"You don't get atherosclerotic deposits in the veins, where the pressure is much less than in the arteries." The dangers of cigarette smoking are also well-documented, he noted.

"There is an important interaction between the three main risk factors," Gotto added. "If you have two or more, the risk seems to be more than additive, so one risk factor seems to aggravate another."



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—Oliver Frazier

Laughing for Nothing

Just after the stockholders' meeting began, one woman nudged her neighbor and said, "Let's go. When they load their speeches with funny stories, there's not going to be any dividend."

—Kris Lee

A Touch of Grace

Termites were gorging themselves on the neighbor's house, so he crossed a praying mantis with the termites. It didn't get rid of the termites but they learned to say Grace before eating his house.

—George Edwards

Creative Interpretation

Judge: "I'm going to give your wife \$400 a month for alimony and child support."

Husband: "That's mighty nice of you, Your Honor. From time to time, I'll try to give her a little something myself."

—Clyde Aster

No Time to Seek a Raise

The boss looked up and said to the employee standing before him: "Morseley, after reviewing this report of yours, it's obvious to me you have two problems. First, you take no pride at all in your work." He paused, then continued: "And the second is, you have absolutely no reason to."

—Robert Brooks

Really Closed Circuit

"A dream," explained a little boy, "is when God shows a movie."

—John R. Daniels

The Sheep Kept Watch

In last year's Christmas program, one little boy was heard lustily singing: "While shepherds washed their socks by night . . ."

—George E. Bergman

Lap-sitting Time

The quickest way for a parent to get a child's attention is to sit down and look comfortable.

—Thomas LaMance

Definition

Saddle-lite: A diet drink for cowboys.

—John H. Dromey

But They Will!

A gift shop is a place where you can see all the things you hope your friends won't send you for Christmas.

—Henry E. Leabo

Selective Credit

Man blames fate for other accidents, but feels personally responsible when he makes a hole-in-one.

—Bobbie Mae Cooley

Extra Sighted

When my wife watches TV she needs glasses, but she can read my mind all the way across the room.

—Billy Arthur



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